

### Hello August!

The lowa State Fair is coming up quickly and we like to try and do some things here for that. The week of the fair we are going to have dress up days, bag tournaments and a tailgate lunch that includes the staff and residents. Talia will be here as usual for music; Bingo will have a fair theme and Island Fever will come and perform for us. The dietary department is also going to be making some delicious fair food for us throughout the week for us to enjoy.

In August the Activity Department is going to try something new. Each month has its own "National Days" and we are going to be corresponding our daily activities with the National Days that are in August. They will include Ice Cream Sandwich Day, Book Lovers Day, Relaxation Day, and Beach Day to name a few.

Starting this month, we are going to have a "Resident of the Month". We have a random drawing and the winner will get to choose an activity of their choice.

Mary Hoffman was the lucky winner for August. She is very active within the facility and can brighten anyone's day. Mary participates in many activities that we have to offer and always interested in trying something new. This month Mary has chosen checkers for her activity. We are excited to be able to start this monthly and let the residents share their favorite activity with others!

Last month we celebrated the 4th of July by having a resident and staff BBQ. We always enjoy an occasion to eat together and socialize with everyone. We also did a lot of Bingo and Pokeno playing. You can never go wrong with Bingo. 

We hope everyone has a safe and cool August!

Hailey & Trish

# Below is the Care Conference schedule for the months of August and early September.

<u>August 3<sup>rd</sup>, 2023</u> Audrey Harder John Chaddock	August 10 <sup>th</sup> , 2023 Jeff Boyes Dorothy Poland	August 17 <sup>th</sup> , 2023 No Care Conference		
John Chaddock	-			
	Agnes Voss			
August 24 <sup>th</sup> , 2023	August 31 <sup>st</sup> , 2023	September 7 <sup>th</sup> , 2023		
Joyce Trimbell	<b>No Care Conference</b>	<b>Gordon Wickwire</b>		
		June Wickwire		
		Laura Gail Etzen		



Employee August Birthdays

Jenny Hopper - 1st

Emersyn Brown - 13th

Chloe Nedved - 13th

Camyrn Whitney - 23rd

MacKenzie Staudt - 24th

Jessica Wayne - 26th

August Anniversaries

Hailey Clausen - 1 year

Jenny Hopper - 1 year



## It's baaaaaackkkkk!

On Saturday, September 16<sup>th</sup> we will be hosting our FAMILY/FRIENDS POTLUCK at 11:30 a.m. We had to take a break due to COVID but we are looking forward to resuming this annual tradition here at the Nursing Home.

More details will follow in the September newsletter.

Hope to see you there!



The Iowa State Fair is the single largest event in the state of Iowa and one of the oldest and largest agricultural and industrial expositions in the country. It will be held this year from August 10<sup>th</sup> -20<sup>th</sup>. The state fair attracts more than a million people from all over the world and is a salute to the state's best in agriculture, industry, entertainment and achievement.

Sweet, salty, savory, strange, tasty, on-a-stick, on a plate, in a bowl, there are 64 new foods to try at the 2023 Iowa State Fair. Here are just a few to think about trying!

- Apple Pie Cookie Ice Cream
- Butterbeer Ice Cream
- Catfish in a Boat or on a Stick
- Cotton Candy Cheese Cake
- Crunchy Cool Ranch Pickle on a Stick
- Deep Fried Bacon Brisket Mac-N-Cheese Grilled Cheese
- Deep Fried Strawberry Shortcake on a Stick

- Dill Pickle Flavored Cheese Curds
- Fried Caramel Apple Cow Tail
- Grinder Ball
- Iowa Sweet Corn Sundae
- Iowa Twinkie-Jalapeno Filled with Pulled Pork, Corn and Cream Cheese and Wrapped in Bacon
- Pork Belly Pinwheel
- Southern Fried Corn on the Cob
- Walleye in a Boat or on a Stick

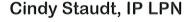


### Hello from Nursing ...

August is National Immunization Awareness Month. Vaccine preventable diseases are still a threat and vaccination is the best protection. Vaccines protect us from preventable diseases like Chickenpox, Flu, Hepatitis, Measles, Mumps, Meningococcal, Pneumonia, Shingles, Pertussis (whooping cough), Polio and more. Vaccines not only help protect us and those we love from getting these diseases, they also help prevent spreading diseases to those that are unvaccinated. Immunizations are not just for children. Protection from childhood vaccines can wear off over time. Adults may also be a risk for vaccine-preventable disease due to age, job, travel, lifestyle, or health conditions. Make sure that you talk to your physician about vaccinations you may need during your visit.

We will continue to monitor residents' vaccination status and keep them up to date on their needed vaccinations. We currently finished with Shingles and Tdap vaccinations. As of now we have not received any further information on COVID boosters, we will keep you updated as we get information. Next month we will be sending out Influenza vaccine information and consent forms. We will be looking on giving vaccinations in October.

If you have any questions, please call the facility.







## August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 One on One's 1:00 Music w/ Talia 2:15 Salt Painting	10:15 Bible Study 1:00 Coloring Social 2:00 Ice Cream Sandwich's	3 10:00 Stories w/ Sherry 10:30 Group Exercise 2:00 Pokeno 3:00 Watermelon	4 10:15 Rosary 2:00 Quarter Bingo 3:00 Chocolate Chip Cookies	5 Independent Activity – "Bored Board"
10:00 St. Peter Lutheran Church Service on T.V.	10:00 News Update w/ Coffee 10:30 Group Exercise 2:00 Swaledale Methodist Bingo	10:00 One on One's 1:00 Music w/ Talia 2:15 Yahtzee	9 10:15 Rockwell Methodist Church Service 2:00 "Book Club" 6:30 Take Away Poker	STATE FAIR STARTS 10 10:00 State Fair Trivia 10:30 Group Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno	10:15 Prayer Service w/ Kate 2:00 Quarter Bingo	Independent Activity – "Bored Board"
13 10:00 St. Peter Lutheran Church Service on T.V.	HAWK/CY Day  14  10:00 Bag Tournament Tailgate Lunch 2:00 Rockwell Methodist Bingo	Fiesta Day 15 10:00 One on One's 1:00 Music w/ Talia 2:15 Happy Hour	Pajama Day 16 10:15 Bible Study 2:00 Movie w/ Popcorn Bar	Hawaiian Day 17 10:00 Stories w/ Sherry 10:30 Group Exercise 2:00 Island Fever	Western Day 18 10:15 Mass w/ Father Josh 2:00 Fair Bingo	Independent Activity – "Bored Board"
20  10:00 St. Peter Lutheran Church Service on T.V.	10:00 Coffee Social w/ Puzzle 10:30 Group Exercise 2:00 Rockwell Lutheran Bingo	10:00 One on One's 1:00 Music w/ Talia 2:15 Uno	10:15 Hanford Church Service 1:00 Van Rides 6:30 Take Away Poker	10:00 Garden Social 10:30 Garden Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno	10:15 Prayer Service w/ Kate 2:00 Quarter Bingo 3:00 Banana Splits	Independent Activity – "Bored Board"
10:00 St. Peter Lutheran Church Service on T.V.	28 10:00 Sunflower Craft 10:30 Group Exercise 2:00 Sacred Heart Bingo	10:00 One on One's 10:30 Group Exercise 1:30 Resident of the Month Activity Choice	30 10:15 Bible Study 2:00 Beach Themed – Monthly B-day Party	10:00 Appreciation Posters 10:30 Group Exercise 2:00 Pokeno		

