

*Rockwell  
Nursing Home  
June 2023  
Newsletter*



### **News from the Activity Department....**

*"May June bring you an abundance of laughter, love, and all the things that make you smile."*

May was a busy month for us as we celebrated Cinco de Mayo, Nurses Week, Nursing Home Week and Memorial Day.

Cinco de Mayo was celebrated with a taco bar lunch for staff and residents. The residents got to enjoy a happy hour of margaritas in the afternoon. Thank you to Rachel Dusold for planning Nurses Week and keeping the residents involved. We enjoyed a Nurse & Resident Social which included a popcorn bar, snacks, and games.

Nursing Home Week was a busy week here at the RCNH. The theme this year was "Cultivating Kindness". Every day had its own theme and the residents and staff dressed up each day. To start off the week, we celebrated the Mothers for Mother's Day. They appreciated fresh flowers and donuts from Hy-Vee. During this week we had a movie night, tie-dyed t-shirts and enjoyed entertainment from Island Fever. Birdsall's ice cream was a favorite and we ended the week with a carnival! The residents voted for the staff member they would most like to get a pie in the face....and Josh Dannen, our Maintenance Director won that prize!

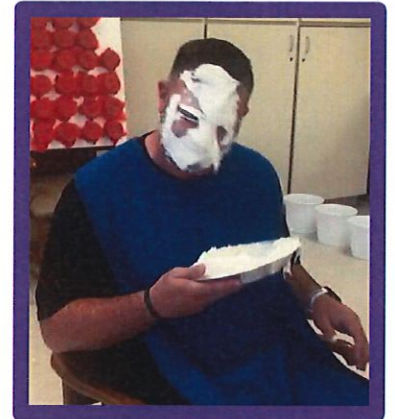
We would like to thank the Dietary Department for spoiling the staff and residents with all of the delicious food they made during this week. On Tuesday, the staff and residents got to enjoy a potluck together.

We had Cedar Valley Food Truck here on Wednesday and that was a hit for all staff and residents.

West Fork Middle Schoolers made "Cultivating Kindness" posters. We hung them up at the beginning of the week throughout the facility and the residents got to vote for a 1st, 2nd and 3rd place winner. They all did a great job at making these!

Char, the department head of Environmental Services, planted flowers around the facility this month and they look gorgeous. The residents LOVE to look out the dining room windows and see the hanging baskets as well as the ones she planted in the garden area. In June, we are going to plant some vegetables. The residents are excited to have some fresh veggies around to enjoy.

If you would like to be a volunteer this summer, please reach out to Hailey at 641-822-3203. We love having new faces around the facility. Whether it's reading stories, taking residents outside, or just simply chatting. We are open to anything!



Hailey & Trish, Activity Department





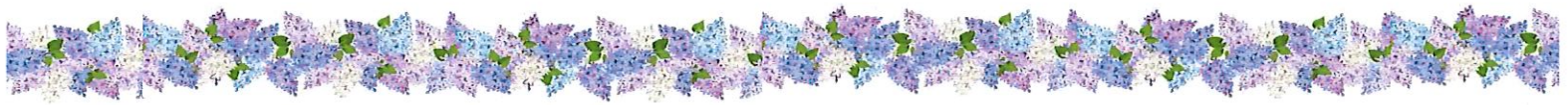
### Employee June Birthdays

Cindy Staudt – 5th

Julie Sheriff – 15<sup>th</sup>

### Employee June Anniversaries

Reba Struchen – 2 years



**Below is the Care Conference schedule for the months of June and early July.**

#### June 1<sup>st</sup>, 2023

Joyce Trimbell

Delina Etnier

#### June 8<sup>th</sup>, 2023

No Care Conferences

#### June 15<sup>th</sup>, 2023

Gordon Wickwire

June Wickwire

#### June 22<sup>nd</sup>, 2023

Donnella Brecke

Clarence Kirchhoff

Rose McClemons

#### June 29<sup>th</sup>, 2023

Darlene Berk

Nicole Tabor

Pam Kiel

#### July 6<sup>th</sup>, 2023

No Care Conferences

### **Some funny thoughts about being a Dad.....**

Raising kids is the only job where you work 24 hours a day and it actually costs you money.

Having a conversation while having children is like trying to do your taxes in an inflatable jump house.

I know when my kids need money because that's when they laugh at my jokes.

No one wants to see Dad dance, but he does it anyway.

Happy Father's Day to all Fathers, Dads, Daddys, Pops, Poppas, Pas, Pappys, and Patriarchs!






The residents tie-dyed t-shirts on a beautiful spring day and then wore them on "Hippie Day" during National Nursing Home Week.







## June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Activities Subject To Change			1 10:00 Stories w/ Sherry 10:30 Group Exercise 2:00 Pokeno	2 10:15 Rosary 2:00 Quarter Bingo 3:00 Root beer Floats	3 2:00 Independent Activity — “Bored Board”
4 10:00 St. Peter Lutheran Church Service on T.V.	5 10:00 Wordsearch 10:30 Group Exercise 2:00 Swaledale Methodist Volunteer Bingo	6 9:30 Gardening 1:00 Music w/ Talia 2:15 Take Away Poker	7 10:15 Bible Study w/ Trish 2:00 Van Rides Manicures	8 10:00 Garden Social 10:30 Garden Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno	9 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo	10 2:00 Independent Activity — “Bored Board”
11 10:00 St. Peter Lutheran Church Service on T.V.	12 10:00 Crossword 10:30 Group Exercise 2:00 Rockwell Methodist Volunteer Bingo	13 10:00 Resident Council 1:00 Music w/ Talia 2:15 Yahtzee	14 10:15 Rockwell Methodist Church Service 2:00 CNA & Resident Social 6:30 Take Away Poker Manicures	15 10:00 Stories w/ Sherry 10:30 Group Exercise 2:00 Prize Pokeno	16 10:15 Mass w/ Father Josh 2:00 Quarter Bingo 3:00 Ice Cream Social	17 2:00 Independent Activity — “Bored Board”
18 10:00 St. Peter Lutheran Church Service on T.V.  Father's Day Donuts and Coffee	19 10:00 Coffee Social w/ Puzzle 10:30 Group Exercise 2:00 Rockwell Lutheran Volunteer Bingo	20 10:00 4 <sup>th</sup> of July Craft 1:00 Music w/ Talia 2:15 Activity Center	21 10:15 Bible Study w/ Trish 2:00 Van Rides  Manicures	22 10:00 Garden Social 10:30 Garden Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno	23 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo	24 2:00 Independent Activity — “Bored Board”
25 10:00 St. Peter Lutheran Church Service on T.V.	26 10:00 Coloring Social 10:30 Group Exercise 2:00 Sacred Heart Volunteer Bingo	27 10:00 Rock Painting 1:00 Music w/ Talia 2:15 Pokeno w/ Tickets	28 10:15 Hanford Church Service 2:00 Van Rides 6:30 Take Away Poker Manicures	29 10:00 4 <sup>th</sup> of July Wordsearch 10:30 Group Exercise 2:00 Pokeno	30 10:15 Rosary w/ Trish 2:00 Quarter Bingo 3:00 Popcorn Bar	

Saturday's: When you are finished with a sheet from the “Bored Board”, turn it in on Hailey's desk! 😊