



## Rockwell Nursing Home May 2023 Newsletter

### Hello from the Activity Department!

Hope your month is positively a**Mayzing**! The month of April was a busy month for us. We got to enjoy watching Sunday school kids from St. Peter Lutheran church do an easter egg hunt outside of our facility. We also got to fill easter eggs for the community easter egg hunt!

For one week out of April, we got to enjoy the garden area and we are excited for more warm weather to be able to do this more often.

National Volunteer Appreciation Week was April 16th-22nd. We got to enjoy a Social with the volunteers of our facility. Some of the volunteers help with meals on wheels, church services, Bingo, reading stories and doing crafts. We want to take the time to thank the volunteers again for everything that they do for us!

If you would like to become a volunteer at our facility, please reach out to the Nursing Home and ask for Hailey 😊 we would love to have you!

During April we got ready for the warm weather and love to bird watch here at the facility, so we got to paint our very own birdhouses. These birdhouses will be placed outside of resident rooms and in the garden area so come check them out!

National Nursing Home Week will be celebrated May 14<sup>th</sup> – 20<sup>th</sup>. We have a lot planned for this week so keep your eyes open and take a look at the calendar on the back side of the newsletter. We will be having a carnival that week and are looking for help during this so please call us if you are interested or are available!

Happy May! May it be filled with only showers of blessings.

Hailey & Trish, Activity Department



*God could not be everywhere, and therefore  
He made mothers. ~Rudyard Kipling*

**To describe my mother would be to write about a  
hurricane in its perfect power. Or the climbing,  
falling colors of a rainbow. ~ Maya Angelou**

*Mother (n). One person who does the work of  
twenty. For free. See also: Saint, Wonder Woman.*



## Employee May Birthdays

Reba Struchen – 12<sup>th</sup>

Joyce Bieth – 28<sup>th</sup>

## Employee May Anniversaries

Deb Krumm – 33 years

Sarah Dusold – 6 years

Jessica Wayne – 1 year

MacKenzie Ames – 1 year

Amy White – 1 year



## Congratulations to MacKenzie Ames!

She will graduate from West Fork High School later this month. Her future plans are to attend NIACC and pursue a career in Business/Accounting. The residents and staff wish you the best in your future endeavors!



## 2023 National Skilled Nursing Care Week: "Cultivating Kindness"

Rockwell Nursing Home is excited to participate in **National Skilled Nursing Care Week (NSNCW)** from **May 14-20, 2023**.

The 2023 theme, "Cultivating Kindness," celebrates skilled nursing centers, and their residents and staff. Established as an annual, week-long observance by the American Health Care Association (AHCA) in 1967, NSNCW honors the essential role of skilled nursing care centers in caring for America's elders and individuals with disabilities.

The events we have planned can be found on the calendar.

If you are interested in participating in one of the events please contact Hailey Clausen, Activity Director, [rcnhactivities@netins.net](mailto:rcnhactivities@netins.net) or 641-822-3203.

## Happy Memorial Day!

May 29<sup>th</sup>

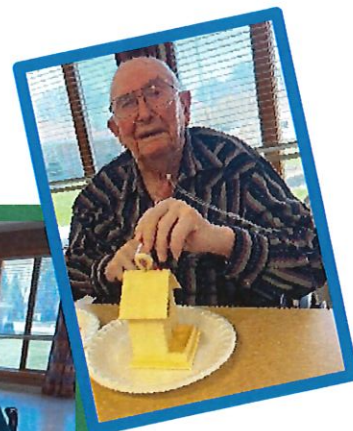
And I'm proud to be an American, where at least I know I'm free and I won't forget the men who died who gave that right to me and I'd gladly stand up next to you and defend her still today, because there ain't no doubt I love this land.

God Bless the U.S.A.!

-Lee Greenwood



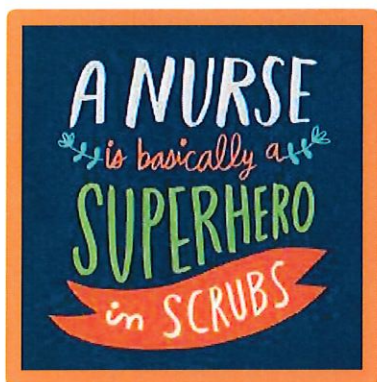




Our in-house artists at work!

## Happy National Nurses Day! May 6th

Our nurses work every day to ensure the residents get the care they need — and the comfort and compassion they deserve. A HUGE thank you to all our nurses here....You are all rock stars!!



Teya Adams  
Abie Freyholtz  
Shaylea Rinnels  
Cindy Staudt

Rachel Dusold  
Teddie Lensing  
Nicole Rogers

Sarah Dusold  
Tina Miller  
Carrie Smith



Below is the Care Conference schedule for the months of May and early June.

May 4<sup>th</sup>, 2023

Audrey Harder  
John Chaddock  
Peggy Jones

May 11<sup>th</sup>, 2023

No Care Conferences

May 18<sup>th</sup>, 2023

Jeff Boyes  
Dorothy Poland  
Agnes Voss

May 25<sup>th</sup>, 2023

No Care Conferences

June 1<sup>st</sup>, 2023

Joyce Trimbell  
Delina Etnier

June 8<sup>th</sup>, 2023

No Care Conferences

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
MAY 2023	10:00 Pass out May Day Baskets 10:30 Group Exercise 2:00 Prize Bingo	10:00 Rock Painting 1:00 Music w/ Talia 2:15 Activity Center	10:15 Bible Study w/ Trish 1:00 Garden Social 2:00 Root Beer Float's Manicures	10:00 Stories w/ Sherry 10:30 Group Exercise 2:00 Pokeno	10:15 Rosary 2:00 Quarter Bingo 3:00 Cinco De Mayo Social	
7	8	9	10	11	12	13
10:00 St. Peter Lutheran Church Service on T.V.	10:00 Color Book Marks 10:30 Group Exercise 2:00 Rockwell Methodist Volunteer Bingo	10:00 One on One's 1:00 Music w/ Talia 2:15 Pokeno w/ Tickets	10:15 Rockwell Methodist Church Service 2:00 Nurse & Resident Social Manicures	10:00 Garden Social w/Scavenger 10:30 Garden Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno	10:15 Prayer Service w/ Kate 2:00 Quarter Bingo	2:00 Bingo w/ Tom
"Cultivating Kindness" 14	"Pajama Day" 15	"Luau Day" 16	"Wear Green" 17	"Hippie Day" 18	"Wacky Day" 19	20
9:00 Mother's Day Social 	10:00 Staff Appreciation Notes 10:30 Glow Stick Exercise 2:00 Rockwell Lutheran Volunteer Bingo 7:00 Movie w/ Popcorn Bar BIRDSALL'S ICE CREAM	10:00 Tie-Dye Shirts 1:00 Music w/ Talia 2:15 Happy Hour  RESIDENT/STAFF POTLUCK	10:15 Bible Study w/ Trish 2:00 Poster Judging 3:00 Prize Pokeno  FOOD TRUCK	10:00 Stories w/ Sherry 10:30 Garden Exercise 2:00 Island Fever 3:00 Happy Hour	10:15 Mass w/ Father Josh 1:30-3:30 Carnival	
National Nursing Home Week May 14 <sup>th</sup> - 20 <sup>th</sup> "Cultivating Kindness"						
21	22	23	24	25	26	27
10:00 St. Peter Lutheran Church Service on T.V.	10:00 Memorial Day Wordsearch 10:30 Group Exercise 2:00 Sacred Heart Volunteer Bingo	10:00 "Be Kind" Sunflower Craft 1:00 Exercise 1:30 Activity Center	10:15 Hanford Church Service 1:00 Garden Social  Manicures	9:00 Music w/ Talia 1:30 Stories w/ Jolynn 2:15 Pokeno	10:15 Prayer Service w/ Kate 2:00 Quarter Bingo	2:00 Bingo w/ Tom
28	29	30	31	National Nursing Home Week "Cultivating Kindness"		
10:00 St. Peter Lutheran Church Service on T.V.	HAPPY 	10:00 Crossword w/ Coffee 10:30 Group Exercise 2:00 Yahtzee	10:15 Bible Study w/ Trish 1:00 Manicures  6:30 Take Away Poker			