ROCKWELL NURSING HOME Newsletter 2023



News from the Activity Department...

February was a busy month for the residents as we celebrated the Superbowl and Valentine's Day. We celebrated the Superbowl with a tailgate where we enjoyed drinks, snacks, and games. The kitchen staff made some delicious "football food". We enjoyed nachos, hotdogs, chips and dip, deviled eggs, taquitos, potato salad, baked beans, and cupcakes.

For Valentine's Day we made boxes that the staff and residents got to fill for each other and we got to enjoy opening those on Valentine's Day. At our party we got a goodie bag that included a pencil, word search book, notebook, a candy bar, and heart shaped sunglasses. We had a photo booth with a balloon arch where we got to take our pictures individually or with a group of our friends.

Currently, due to Covid, we are limiting our social gatherings. We are doing hallway dance for exercise, playing a lot of Bingo, getting our nails done, and are starting to do some crafts for St. Patrick's Day.

This month we have included a "Bored Board" into the hallway next to our activity schedule. This is where we can find word searches, crosswords, hidden objects, and coloring pages if we are bored and need to keep ourselves busy. If the resident's finish a sheet, they turn it into Hailey or Trish and receive a ticket. The ticket can then be used for a van ride, special treat, a chance to be "resident of the month", or store credit.

We look forward to the warm weather coming and to be able to get outside and enjoy some fresh air! Spring is almost here!



Hailey & Trish, Activity Department

BELOW IS THE CARE CONFERENCE SCHEDULE FOR THE MONTHS OF FEBRUARY AND EARLY MARCH.

| March 2 nd , 2023 No Care Conference | March 9 th , 2023 Joyce Trimbell Delina Etnier | March 16 th , 2023 No Care Conferences | | |
|---|--|--|--|--|
| March 23 rd , 2023 Gordon Wickwire June Wickwire | March 30 th , 2023 Donnella Brecke Clarence Kirchhoff | April 6 th , 2023 Darlene Berk Nicole Tabor | | |
| A A A | charence Khemion | amela Kiel | | |



| Employee March Bīrthdays | Employee March Anniversaries |
|-----------------------------------|------------------------------|
| Jeanne Sable - 13th | Sarah Kobliska - 8 years |
| Tammy Stowe - 19th | Shaylea Rīnnels - 3 years |
| Abīe Freyholtz - 27 th | Lindsay Tank - 3 years |
| Cathy Logan - 23rd | Josh Dannen - 1 year |



National Employee Appreciation Day is Friday, March 3rd and we would like to recognize all of our employees here at the Nursing Home that give their time and effort in making our home truly the best! Day in and day out, they come to work and care for our residents with



kindness and compassion. The residents are like family to us and it shows. We want to recognize our employees today and every day for their hard work and dedication!









SUPERBOWL PARTY!







MARCH CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|------------|
| ALL ACTIVITIES SUBJECT TO CHANGE! | St. Pol | PRINCES By! | 1 10:00 Bible Study Zone #2 10:30 Bible Study Zone #1 Nail Day | 10:00 Word Search/Coloring 10:30 Hallway Exercise 1:15 Pokeno Z#1 2:15 Pokeno Z#2 | 3 10:00 Rosary Z#1 10:30 Rosary Z#2 1:30 Bingo Z#2 2:00 Bingo Z#1 | 4 |
| 5 10:00 St. Peter Lutheran Church Service on TV | 6 10:00 One on Ones's 10:30 Hallway Exercise 1:15 Bingo Z#1 2:15 Bingo Z#2 | 7 10:00 One on Ones's 10:30 Hallway Exercise 1:00 Crafts Z#1 2:00 Crafts Z#2 | 8 10:00 Z#2 Bible Study 10:30 Z#1 Bible Study Nail Day 6:30 One on One's Game NIght | 9 10:00 St. Paddy's Word Search 10:30 Exercise 1:15 Pokeno Z#1 2:15 Pokeno Z#2 | 10 10:00 Rosary Z#1 10:30 Rosary Z#2 1:30 Bingo Z#2 2:00 Bingo Z#1 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 10:00 St. Peter Lutheran Church Service on TV Daylight Savings Begins | 10:00 Coffee Social w/Wordle 10:30 Exercise 2:00 Bingo Rockwell Methodist | 10:00 Resident Council 1:00 Music Therapy w/ Talia 2:15 Craft | 10:15 Lutheran Church Service 2:00 FFA kids Activity Nail Day | 10:00 Stories w/ Sherry 10:30 Exercise 2:00 Pokeno | 10:15 Mass w/ Father Josh 2:00 Bingo 3:00 Happy Hour | 2:00 Movie |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 10:00 St. Peter Lutheran Church Service on TV 2:00 Bingo w/ Tom | 10:00 Coffee Social w/ Wordle 10:30 Exercise 2:00 Bingo Lutheran Church | 10:00 One on Ones's 1:00 Music Therapy w/ Talia 2:15 Yahtzee | 10:15 Hanford Church Service 2:00 Root beer Floats Nail Day 6:30 Take Away Poker | 10:00 Coffee & Social w/Puzzle 10:30 Exercise 1:30 Stories w/ Jolynn 2:15 Pokeno | 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| 10:00 St. Peter Lutheran Church Service on TV | 10:00 Coffee Social w/Reader's Digest 10:30 Exercise 2:00 Bingo Sacred Heart | 10:00 One on Ones's 1:00 Music Therapy w/ Talia 2:15 Craft | 10:15 Bible Study 2:00 Monthly Birthday Party Nail Day | 10:00 Coffee Social w/Wordle 10:30 Exercise 2:00 Pokeno | 10:15 Rosary 2:00 Quarter Bingo | |