

Rockwell Nursing Home

December 2022 Newsletter

Happy Holidays from the Activity Department...

We have been very busy with the holiday season approaching. We celebrated Veterans Day with a cake donated by the Cerro Gordo County Veterans Affairs. The residents enjoyed the flower arrangements made and donated by the West Fork Floriculture students. The residents enjoyed listening to our speaker, Mike Flatness. He spoke about his experiences in the regular Army and then his time served with the National Guard in Desert Storm. Mike gave a very moving speech and we want to thank him and all our veterans for the time spent in the armed services.

"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude." -President Harry S. Truman

The residents have been busy making crafts for Thanksgiving with our volunteers. We decorated fall cookies in the shape of turkeys, pumpkins, pilgrim hats, and acorns. The residents also made a turkey craft with the West Fork FFA students. We want to also thank the students for taking the time to stop out and spend some time with us. The residents really enjoy seeing them and hopefully they will be out again soon!

On Wednesday, November 23rd the staff and residents enjoyed a "Friendsgiving" here at the Nursing Home. Lots of laughs and great food was had by all! This is the second year in a row we have held this and it is quickly becoming an annual tradition.

We have a window decorating contest planned for December . If you stop by, take note....a friendly competition is taking place amongst the departments!

We wish you all a safe and happy holiday season!



Holiday Reminders:

The Fire Marshall prohibits live greenery and power strips in resident rooms. Also, if you need to take your family members' hearing aids, glasses or dentures for repairs, please let the Nursing Department know so we can note it in chart.

Please remember to have our staff mark any new items your family member receives for Christmas. This includes gifts, clothing and food items. There is a "wish list" posted on each resident's closet door for ideas of items they might need. Check it out!



West Fork FFA Students and Thanksgiving crafting!



Our Annual Holiday Open House will be on
 Sunday, December 11th, at 3:00 p.m.
 The Dawson family will perform all of our holiday
 favorites and coffee, hot cider, and cookies
 will be served.
 We hope to see you there!



FRIENDSGIVING!



Reflecting back on where we have been and seeing where we are now, one thing for certain hasn't changed; Support. We are thankful for the support we have received and the relationships we have formed with residents, families, and the community. May our time together be a blessing. May your heart be lifted in praise this Christmas for the wonderful gift of Jesus and the joy He brings to our lives. We're wishing you all the best as we enter a brand-new year.

—Dianne Poole, Administrator



Below is the Care Conference schedule for the months of December and early January.

December 1st, 2022

Agnes Voss
Eldon Grarup

December 8th, 2022

Linda Mau
Doris Drury

December 15th, 2022

Joyce Trimbell
Delina Etnier

December 22nd, 2022

No Care Conferences

December 29th, 2022

Clarence Kirchhoff
Rose McClemons

January 5th, 2022

Gordon Wickwire
June Wickwire
Donnella Brecke

December Employee Birthdays

MacKenzie Ames – 14
Sarah Kobliska – 28

Holiday Cheer

Q: What did one Christmas Tree say to the other?

A: Lighten up!

Q: How much did Santa pay for his sleigh?

A: Nothing, it was on the house.

Q: How do snowmen lose weight?

A: They wait for the weather to get warmer.

Q: What does a gingerbread man cover up with at night?

A: A baking sheet.





DECEMBER CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES SUBJECT TO CHANGE!				1 10:00 Stories w/ Sherry 10:30 Exercise 2:00 Decorate Stockings	2 10:15 Prayer Service w/ Kate 2:00 Kick Off Xmas Party 3:00 Snack Cart	3 2:00 Movie
4 10:00 Church Service Online 2:00 Bingo w/ Tom	5 10:00 Men's Coffee 10:30 Exercise 2:00 Bingo Volunteer	6 10:00 Christmas Window Judging 1:00 Music Therapy w/Talia 2:00 Window Winner Announcement 2:15 Happy Hour	7 10:15 Bible Study 1:00 Manicures 2:00 FFA Craft 6:30 Take Away Poker	8 10:00 Resident Council 1:30 Stories w/ Jolynn 2:00 Bowling 3:00 Snack Cart	9 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo 3:00 Snack Cart	10 2:00 Movie
11 10:00 Church Service Online 3:00 Christmas Open House Music with The Dawsons!	12 10:00 Christmas Word Scramble 10:30 Exercise 2:00 Bingo Methodist 3:00 Snack Cart	13 10:00 Christmas Cards 1:00 Music Therapy w/Talia 2:15 Yahtzee 3:00 Snack Cart	14 10:15 Church Service Methodist 1:00 Manicures	15 10:00 Stories w/ Sherry 10:30 Exercise 2:00 Pokeno 3:00 Snack Cart	16 PAJAMA DAY! 10:15 Catholic Mass w/ Father Josh 1:30 Christmas Movie w/ Hot Chocolate Bar	17 2:00 Movie
18 10:00 Church Service Online 2:00 Bingo w/ Tom	19 10:00 Christmas Coloring Contest 10:30 Exercise 2:00 Bingo St. Peter Lutheran	20 10:00 Holiday Feud 1:00 Music Therapy w/Talia Trish's Choice 3:00 Snack Cart	21 UGLY SWEATER DAY! 10:15 Church Service Lutheran 2:00 Christmas Party	22 10:00 Christmas Story 10:30 Exercise 2:00 Island Fever	23 10:15 Prayer Service w/ Kate 2:00 Christmas Cookie Decorating	24 10:00 Secret Santa 2:00 Christmas Movie w/ Popcorn Bar
25 10:00 Christmas Eve Church Service Online 	26 10:00 Snowman Word Search 10:30 Exercise 2:00 Bingo Sacred Heart	27 10:00 Snowflake Craft 1:00 Music Therapy w/Talia Trish's Choice 3:00 Snack Cart	28 10:15 Church Service Hanford 1:00 Manicures 6:30 Take Away Poker	29 10:00 Stories w/ Sherry 2:00 Horse Shoe Game 3:00 Snack Cart	30 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo 3:00 Snack Cart	31 1:30 New Year's Eve Party 