

Rockwell Nursing Home



2022 Newsletter

Hello from the Activity Department...

It's hard to believe fall is just around the corner. Time for football, sweatshirts, and the sweet smell of pumpkin. The residents are enjoying watching football games on the weekends. We have done lots of cheering for the Hawkeyes and Cyclones in the past few weeks.

We are enjoying the last warm days outside in the garden while we have them before it turns cold. We have been watching the leaves change colors and fall off the trees as the seasons begin to change. Fall is always a beautiful time of year around here.

The residents will be painting pumpkins again this year in addition to some other Halloween crafts we have planned. We are excited to see what their creations will look like this year.

We hope everyone is enjoying the cooler weather and the beautiful colors of fall!

Trish Kellogg, Activity Department



Muchas gracias... Merci beaucoup... Dankeschön... Mahalo...

Thanks mate... Thanks a million...

No matter what language it is said in – Thank you!

We want to give a huge thank you to all of the churches that make and donate all of the clothing protectors. The residents love seeing all of the new designs they get to wear during meals.

Thank you to all our friends who brought us fresh produce throughout the summer...we enjoyed tomatoes, cucumbers and sweetcorn. The residents enjoyed shucking the sweetcorn and then having it for lunch!



Below is the Care Conference schedule for the months of October and early November.

October 6th, 2022

Clarence Kirchhoff
Dennis Barkela
Rose McClemons

October 13th, 2022

Gordon Wickwire
June Wickwire
Donnella Brecke

October 20th, 2022

Pam Kiel
Nicole Tabor
Darlene Berk

October 27th, 2022

Mary Hoffman
Marilyn Cook
Dorothy Poland
Jeff Boyes

November 3rd, 2022

No Care Conference

November 10th, 2022

Audrey Harder
John Chaddock
Dorothy Johnson



October Employee Birthdays

Alicia Light – 21

Tina Miller – 27

October Employee Anniversaries

Jeanne Sable – 14 years

Carrie Smith – 12 years

Tammy Stowe – 2 years

Marguerita Abujobarah – 2 years

Fire Prevention Week 2022



The National Fire Protection Association (NFPA) created Fire Prevention Week to commemorate the Great Chicago Fire of 1871, as well as promote fire safety at home and in the workplace each year. The Great Chicago Fire killed nearly 300 people, destroyed approximately 3.3 square miles including over 17,000 structures, and left more than 100,000 people homeless.

This year marks the 100th anniversary of Fire Prevention Week and will be October 9th - October 15th. This year's theme is "Fire Won't Wait, Plan Your Escape."

While the Rockwell Community Nursing Home practices monthly fire drills, this week is a time to revisit escape routes, locations of fire extinguishers and alarms, and emergency response protocols.

RCNH had its annual Fire Marshal inspection in June of 2022. Our Fire Marshal gave us some items to keep our eyes out for that we cannot allow into our facility. These include recliners and lamps with USB or 110v outlets in them, candles, and surge protectors. We appreciate family's cooperation by not bringing these items into our facility. We want to keep the Nursing Home as safe as possible for our residents and staff.

Josh Dannen, Maintenance Director
Chief of Rockwell Fire Department



Halloween Fun Facts

- 1.) Pumpkins are considered a fruit, not a vegetable!
- 2.) Prior to the 1950's trick-or-treaters got pieces of cake, fruit, nuts, or little toys instead of candy.
- 3.) Candy corn was initially named "chicken feed"
- 4.) The most popular costume in America in 2021 was a witch.
- 5.) People used to carve tulips and potatoes instead of pumpkins.
- 6.) Peanut M&Ms were the top selling Halloween candy last year.
- 7.) The largest number of jack o'lanterns lit on display is 30,581 at the New Hampshire Pumpkin Festival.
- 8.) The World's Largest Pumpkin weighed 2,702 pounds!
- 9.) Americans spent \$10.14 Billion last year on Halloween.
- 10.) The fastest pumpkin carving took 16.47 seconds.



OCTOBER CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES SUBJECT TO CHANGE!						1 2:00 Movie
2 10:15 Rockwell Lutheran Church Service Online 2:00 Bingo w/ Tom	3 10:00 Reader's Digest Story 10:30 Sit & Stretch 10:45 Ball toss 2:00 Bingo- Volunteer 3:00 Goodie Cart	4 10:00 News Update 10:30 Sit & Stretch 10:45 Ball toss 1:00 Music Therapy 2:15 Bingo	5 10:15 Bible Study w/ Trish 1:00 Manicures 6:30 Take Away Poker	6 10:00 Stories w/ Sherry 10:30 Sit & Stretch 10:45 Kickball 2:00 Pokeno 3:00 Goodie Cart	7 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo 3:00 Goodie Cart	8 2:00 Bingo w/ Tom
9 10:15 Rockwell Lutheran Church Service Online 2:00 Bingo w/ Tom	10 10:00 Reader's Digest Story 10:30 Sit & Stretch 10:45 Ball toss 2:00 Bingo – Methodist 3:00 Goodie Cart	11 10:00 News Update 10:30 Sit & Stretch 10:45 Ball toss 1:00 Music Therapy 2:15 Bingo	12 10:15 Church Service- Methodist w/ Pastor Wendy 1:00 Manicures	13 10:00 Crossword 10:30 Sit & Stretch 10:45 Kickball 1:30 Stories w/ Jolynn 2:15 Pokeno 3:00 Goodie Cart	14 10:15 Prayer Service w/ Kate 2:00 Happy Hour	15 2:00 Movie
16 10:15 Rockwell Lutheran Church Service Online 2:00 Bingo w/ Tom	17 10:00 Reader's Digest Story 10:30 Sit & Stretch 10:45 Ball Toss 2:00 Bingo- Methodist 3:00 Goodie Cart	18 10:00 News Update 10:30 Sit & Stretch 10:45 Ball toss 1:00 Music Therapy 2:15 Bingo	19 10:15 Church Service- Lutheran w/ Pastor Jane 1:00 Manicures 6:30 Take Away Poker	20 10:00 Stories w/ Sherry 10:30 Sit & Stretch 10:45 Kickball 2:15 Pokeno 3:00 Goodie Cart	21 10:15 Catholic Mass w/ Father Josh 2:00 Quarter Bingo 3:00 Goodie cart	22 2:00 Bingo w/ Tom
23 10:15 Rockwell Lutheran Church Service Online 2:00 Bingo w/ Tom	24 10:00 Reader's Digest Story 10:30 Sit & Stretch 10:45 Ball toss 2:00 Bingo- Methodist 3:00 Goodie Cart	25 10:00 News Update 10:30 Sit & Stretch 10:45 Ball toss 1:00 Music Therapy 2:15 Painting Pumpkins	26 10:15 Church Service- Hanford w/ Pastor Dan 1:00 Manicures	27 10:00 Crossword 10:30 Sit & Stretch 10:45 Kickball 1:30 Stories w/ Jolynn 2:15 Pokeno 3:00 Goodie Cart	28 10:15 Prayer Service w/ Kate 2:00 Quarter Bingo 3:00 Goodie Cart	29 2:00 Movie
30 10:15 Rockwell Lutheran Church Service Online 2:00 Bingo w/ Tom	31 10:00 News Update 10:30 Sit & Stretch 10:45 Ball toss 2:00 Bingo- Hanford 3:00 Goodie Cart					