

## Rockwell Nursing Home Newsletter - January 2022

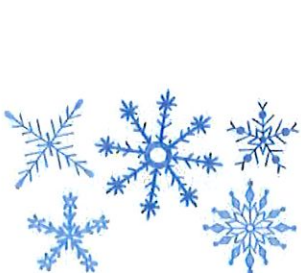
**Hello From the Activity Department !!!**

**Hard to believe we are into 2022 already! Hope everyone had a safe holiday season.**

**Now that we are starting the New Year, we are doing things a little different in the Activity Department.**

**We are renaming some of the activities and also adding some new ones. We will be doing some baking in January which is always fun. And as always, we are being mindful of social distancing and all the Covid regulations that are in currently in place.**

**Bernie Ginapp, our Dietary Manager retired after 18 years of service. We celebrated with cake and coffee on January 4<sup>th</sup>. We wish Bernie good luck in her retirement and hope she spends lots of time sewing and with her grandbabies!**



## Employee January Birthdays

Lindsay Tank - 5<sup>th</sup>

Christa Best - 7<sup>th</sup>

Claire Nash - 28<sup>th</sup>

Jeanne Baxter - 31<sup>th</sup>

## Employee January Anniversaries

Brad Bram - 24 years

Barb Jackson - 8 years

MacKenzie Staudt - 3 years

Kylie Laudner - 2 years

Keanna Peterson - 2 years



Below is the Care Conference schedule for the months  
of January and early February.

### January 6<sup>th</sup>, 2022

No Care Conference

### January 13<sup>th</sup>, 2022

Delina Etnier

Joyce Trimbell

### January 20<sup>th</sup>, 2022

Gordon Wickwire

June Wickwire

### January 27<sup>th</sup>, 2022

Pamela Kiel

Nicole Tabor

Avis Ubben

### February 3<sup>rd</sup>, 2022

Donnella Brecke

Darlene Berk

Marlys Benson

### February 10<sup>th</sup>, 2022

Dorothy Johnson

Marilyn Cook

Dorothy Poland



## January Quotes

An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves.'

– Bill Vaughn

**'The bad news is time flies. The good news is you're the pilot.'**

**– Michael Altshuler**

"Be always at war with your vices, at peace with your neighbors, and let each new year find you a 'better man'." – Benjamin Franklin



## Hello from Nursing...

I hope that everyone had a very happy healthy holiday. It was great to get to see residents go out and enjoy time with their families.



I just wanted to give an update on COVID-19 Booster shots. For any resident that tested positive, per their doctor's recommendation, they will need to wait 90-days to receive their booster. As always, we will keep you updated on any new guidance or changes. Please call and talk to Cindy or Rachel with any questions.


Cindy Staudt, IP, LPN



## New Year Trivia Fun Facts



- The 8th most common New Year's resolution is to improve a relationship.
- Only around 40% of us will make a New Year's resolution.
- January is named after a god without with two faces.
- About 22% of Americans cop to passing out before the clock strikes.
- The New Year's kiss has been around since the Middle Ages.
- The ball drop is over 100 years old.
- Southerners eat black-eyed peas on New Year's Day for good luck.
- Celebrating the New Year dates back 4,000 years.
- There is a music festival every New Year's Eve in the Antarctic called 'Icestock'.
- Mexicans celebrate New Year's Eve, by eating a grape.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES SUBJECT TO CHANGE!						1
2	3 10:00 Coffee & Chat 10:30 Sit & Stretch 1:30 Bingo Volunteers 2:30 Goodie Cart	4 10:00 Coffee & Chat 10:30 Sit & Stretch 1:00 Music Therapy With Talia 2:30 Cake in DR	5 10:15 Religious Services 1:00 Manicures	6 10:00 Baking 1:30 Pokeno 2:30 Goodie Cart	7 10:15 Catholic Mass Father Josh 2:00 Quarter Bingo 3:00 Goodie Cart	8
9	10 10:00 Coffee & Chat 10:30 Sit and Stretch 1:30 Bingo Methodist Church 2:30 Goodie Cart	11 10:00 Coffee & Chat 10:30 Sit & Stretch 1:00 Music Therapy With Talia 2:30 Pokeno 3:30 Goodie Cart	12 10:15 Religious Service Methodist 1:00 Manicures	13 10:00 Stories with Sherry 10:30 Sit & Stretch 2:00 Dan's Band	14 10:15 Catholic Prayer Service with Kate 1:30 Quarter Bingo 2:30 Goodie Cart	15
16	17 10:00 Coffee & Chat 10:30 Sit & Stretch 1:30 Bingo Lutheran Church 2:30 Goodie Cart	18 10:00 Coffee & Chat 10:30 Sit & Stretch 1:00 Music Therapy With Talia 2:30 Pokeno 3:30 Social	19 10:15 Religious Service Pastor Jane Lutheran Church 1:00 Manicures	20 10:00 Coffee & Chat 10:15 Sit & Stretch 1:30 Happy Hour	21 10:15 Catholic Mass Father Josh 2:00 Music Island Fever 3:00 Goodie Cart	22
23/30	24/31 10:00 Coffee & Chat 10:30 Sit & Stretch 1:30 Bingo Catholic (24 <sup>th</sup> ) Bingo Volunteers (31 <sup>st</sup> ) 2:30 Monthly Birthday Party	25 10:00 Coffee & Chat 10:30 Sit & Stretch 1:00 Music Therapy Talia 2:30 Pokeno 3:30 Goodie Cart	26 10:15 Religious Service Pastor Dan Hanford Church 1:00 Manicures	27 10:00 Stories with Sherry 10:30 Sit & Stretch 2:00 Baking Pizza 3:00 Eat Pizza	28 10:15 Catholic Prayer Service Kate 1:30 Quarter Bingo 2:30 Goodie Cart	29

