



Rockwell Nursing Home

Newsletter

December 2021



Happy Holidays from the Activity Department!

We have been very busy with the Christmas season upon us. We were able to celebrate our Veterans with a cake donated by the Cerro Gordo County Veterans Affairs. The Veterans Combat Motorcycle Association is also purchasing Christmas gifts for our veterans who live here.

We will be doing the Angel Tree again this year with the staff choosing a resident's name and purchasing a Christmas gift for them. This has gone very well in the past and everybody is so excited to do it.

It has been a little challenging around here lately but we will get through it and hopefully be back to somewhat normal soon.

A big "Thank You" to the St. Peter's Lutheran Church for providing outside decorations for our residents! They really enjoy seeing them outside their windows.

We also have new decorations for our dining room tables. They are little Christmas trees made out of soft material and are very cute. Thank you to Molly Hammervold who took the time to make them for our residents to enjoy.

We hope you all have a safe and wonderful holiday season!
Trish Kellogg



Hello from Nursing...

As we approach the holidays with families and friends visiting and taking their loved ones out, keeping our residents and staff healthy is our primary concern. We encourage you to please refrain from visiting or taking your loved one out if you are ill or have signs and symptoms of COVID or have been exposed in the past 14 days.



Older adults and people with chronic diseases or weak immune systems are at higher risk. The best prevention is social distancing and washing your hands with soap and water or hand sanitizer, cover your coughs and sneezes, and staying home if you are ill or running a fever.

We are currently in the process of giving COVID booster shots to residents and staff. As always, if there are any changes related to COVID and protocols, we will keep you informed. If you have any questions, please call

and talk to Cindy or Rachel.

Cindy Staudt, LPN, IP

Charlie Brown: Isn't there anyone who knows what Christmas is all about?

Linus: Sure, Charlie Brown, I can tell you what Christmas is all about.

"And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. And lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, 'Fear not: "for behold, I bring unto you good tidings of great joy, which shall be to all people. For unto you is born this day in the City of David a Savior, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.' And suddenly there was with the angel a multitude of the heavenly host, praising God, and saying, 'Glory to God in the highest, and on earth peace, good will toward men.'"

Linus Van Pelt: That's what Christmas is all about, Charlie Brown.



From all of the staff and residents here at the Rockwell Nursing Home,
we wish you a blessed and peaceful Christmas!



VISITOR POLICY UPDATE

On November 12th, CMS (Centers for Medicare and Medicaid Services) issued new guidance for visitation in Nursing Homes. *Visitation is now allowed for all residents regardless of the facility's or resident's COVID status.*

If a facility is experiencing an outbreak (defined by CMS as having 1 staff or 1 resident test positive for Covid-19), then the facility must educate visitors of a greater risk of exposure to Covid-19 while visiting. With a higher community level of transmission, guidance states visitors and residents should continue to wear masks and social distance during their visits. For the most up to date information regarding guidance or the facility COVID status please call the care center.

Employee December Birthdays

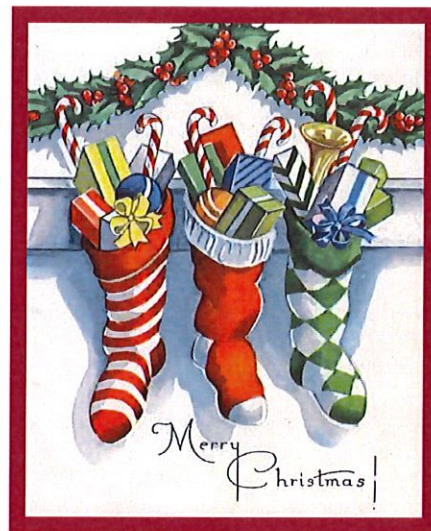
Baileigh Berding -18

Sarah Kobliska -28

Employee December Anniversaries

Bernie Ginapp - 18 Years

Bryce Groh - 1 year



Below is the Care Conference schedule for the month of December and early January.

December 2nd, 2021

No Care Conferences

December 9th, 2021

No Care Conferences

December 16th, 2021

Rosie Nelson
Agnes Voss
Jon McCorkle
Peggy Jones
Paul Nielsen

December 23rd

No Care Conferences

December 30th

George McNamara
Bobbie Dow


January 6th

No Care Conferences



DECEMBER CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities subject to change!			1 10:15 Bible Study 1:00 Manicures	2 10:00 Stories with Trish 10:30 Exercise Group 2:00 Poker 3:00 Social	3 10:15 Mass 2:00 Bingo 3:00 Social	4
5	6 10:00 Coffee 10:30 Exercise Group 2:00 Bingo 3:00 Social	7 10:00 Coffee 10:30 Exercise Group 1:00 Music Therapy Talia 2:15 Poker 3:00 Social	8 10:15 Devotionals 1:00 Manicures	9 10:00 Stories with Trish 10:30 Exercise Group 2:00 Pokeno 3:00 Social	10 10:15 Prayer Service 2:00 Bingo 3:00 Social	11
12	13 10:00 Coffee 10:30 Exercise 2:00 Bingo 3:00 Social	14 10:00 Coffee 10:30 Exercise 1:00 Music Therapy Talia 2:15 Pokeno 3:00 Social	15 10:15 Church Service 1:00 Manicures 2:00 Resident Council 3:00 Social	16 10:00 Stories with Trish 10:30 Exercise 2:00 Poker	17 10:15 Mass 2:00 Bingo 3:00 Social	18
19	20 10:00 Coffee 10:30 Exercise 2:00 Bingo 3:00 Social Ugly Sweater Day	21 10:00 Coffee 10:30 Exercise 1:00 Music Therapy Talia 2:15 Poker 3:00 Social Pajama Day	22 10:15 Church Service 2:00 Resident Christmas Party	23 10:00 Stories with Trish 10:30 Exercise Group 2:00 Dan's Band Hat Day	24 10:15 Prayer Service 1:30 Movie and popcorn	25 
26	27 10:00 Coffee 10:30 Exercise 2:00 Bingo 3:00 Social	28 10:00 Coffee 10:30 Exercise 1:00 Music Therapy Talia 2:15 Resident Choice 3:00 Social	29 10:15 church Service 1:00 Manicures	30 10:00 Stories with Trish 10:30 Exercise 2:00 Pokeno 3:00 Social	31 10:15 Prayer Service 1:00 Movie and popcorn	