



# Rockwell Nursing Home Newsletter 2021



The residents filled Easter Eggs once again for the Easter Egg Hunt which will be held on Saturday, April 3<sup>rd</sup> at Zeidler's Park. They did an amazing job and filled so many eggs that each child should get a hoppin' full basket!



The residents also hosted a "Ready to Pop" baby shower for Nicole Rogers and MacKenzie Staudt who are both expecting. Charades and "Granda Knows Best" (a game where Grandma Cindy had to guess what flavor of baby food she was tasting) were played. Refreshments included vegetable pizza and delicious cupcakes provided by Cathy and Rachel Logan. The moms-to-be also got a small cake to take home to enjoy! We are so excited to meet the new babies when they arrive!





## *Hello from Nursing.....*

### *We have some much awaited and exciting news to share!*

With new guidance from CMS, CDC, & IDPH we have been able to lift and ease some restrictions. We have recently allowed indoor visits to take place in residents rooms, if they are private rooms. Visits for people in semi-private rooms will continue to take place in the chapel, unless the roommate is willing to leave during the visit.

Although outdoor visits are preferred even when residents are fully vaccinated, we recognize the effects of physical separation. Therefore, if the resident is fully vaccinated, they can choose to have close contact (including touch) with visitor while wearing a well fitted mask and performing hand hygiene before and after. Appointments will still need to be made. We highly encourage visits 9:00 am - 5:00 pm Monday through Friday, and Sunday 9:00 am - 3:00 pm, however accommodations can be made in advance. Visits may last up to one hour.

We also are allowing residents to go on social outings. We encourage gatherings of 10 people or less to lower the risk of exposure. Residents will not need to quarantine if gone less than 23 hours, however we encourage outing to last no more than 4 hours. Face masks and social distancing is recommended at all times. If a resident had a possible high-risk exposure, they will be placed into quarantine for 14 days.

Examples of a high-risk exposure would be close contact with a person deemed COVID positive without PPE for more than 15 minutes. If attending a large gathering where social distancing and masks were not worn.

The safety of our residents and nursing home staff are our highest priority. To help prevent the spread and reduce risk of exposure to COVID, we will prohibit from social outings if:

1. You have had close contact or cared for some-one with COVID-19 in the past 14 days.
2. If you are experiencing COVID like symptoms; fever, cough, difficulty breathing body aches, sore-throat, nausea/vomiting, muscle pain, chills, headache, loss of taste or smell.
3. If you are waiting on COVID test results.
4. If you have tested COVID positive in the past 10 days.
5. If the resident exhibits any one symptom of COVID on their RCNH COVID assessment.

We encourage wearing a face mask and good hand hygiene and social distancing while on outings. It's great to see the smile on the residents faces after getting that long-awaited hug. We encourage you to call and make an appointment for a visit or social outing. If you have any questions, or concerns please call.

Cindy Staudt, LPN, IP



Employee April Birthdays

Denise Martin – 12  
Sarah Dusold – 13  
Tami Dougherty – 16  
Rachel Dusold - 21

Employee April Anniversaries

Christa Best – 20 years  
Denise Martin – 14 years

**Below is the Care Conference Schedule for the month of April.**

April 1<sup>st</sup>, 2021

John Chaddock  
Mary Hoffman  
Peggy Jones

April 8<sup>th</sup>, 2021

Jon McCorkle

April 15<sup>th</sup>, 2021

Rosie Nelson

April 22<sup>nd</sup>, 2021

George McNamara

April 29<sup>th</sup>, 2021

Joyce Trimbell  
Wayne Vandervort  
Dora Schrage



***Congratulations to.....***

**Teya Adams for passing her R.N. boards**



**AND**

**Andrea Anderson for becoming a Nurse Practitioner!**






**GOOD LUCK IN YOUR FUTURE ENDEAVORS!!**



*The residents and staff would like  
to wish everyone a wonderful  
Easter and send many blessings to  
you during this time of hope,  
joy and renewal –  
Happy Easter!*



## April Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities subject to change!</p>				<p>1 10:00 Coffee 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>2 10:00 Coffee 10:30 Exercise 2:00 Prize Bingo 3:00 Coffee Family Visits</p>	<p>3</p>
<p>4 Family visits</p> 	<p>5 10:00 Coffee Chat 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>6 9:15 Music with Talia 2:00 Prize Bingo 3:00 Coffee Family Visits</p>	<p>7 10:30 Prayer group 1:00 manicures 3:00 Social Hour Family Visits</p>	<p>8 10:00 News update 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>9 10:00 Coffee Chat 10:30 Exercise 2:00 prize Bingo 3:00 Coffee 4:30 Rosary</p>	<p>10</p>
<p>11 Family visits</p> 	<p>12 10:00 Coffee Chat 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>13 9:15 Music with Talia 2:00 Prize Bingo 3:00 Coffee Family Visits</p>	<p>14 10:15 Church Service 1:00 manicures 3:00 Social Hour Family Visits</p>	<p>15 10:00 News update 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>16 10:15 Mass 2:00 prize Bingo 3:00 Coffee 4:30 Rosary</p>	<p>17</p>
<p>18 Family visits</p> 	<p>19 10:00 Coffee Chat 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>20 9:15 Music with Talia 2:00 Prize Bingo 3:00 Coffee Family Visits</p>	<p>21 10:30 Prayer group 1:00 manicures 3:00 Social Hour Family Visits</p>	<p>22 10:00 News update 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>23 10:00 Coffee Chat 10:30 Exercise 2:00 prize Bingo 3:00 Coffee 4:30 Rosary</p>	<p>24</p>
<p>25 Family visits</p> 	<p>26 10:00 Coffee Chat 10:30 Exercise 2:00 Pokeno 3:00 Coffee Family Visits</p>	<p>27 9:15 Music with Talia 2:00 Prize Bingo 3:00 Coffee Family Visits</p>	<p>28 10:30 Prayer group 3:00 Social Hour Family Visits</p>	<p>29 10:00 News update 10:30 Exercise 2:00 Pokeno 3:00 Coffee</p>	<p>30 10:00 Coffee Chat 10:30 Exercise 2:00 prize Bingo 3:00 Coffee 4:30 Rosary</p>	

