

# Rockwell Nursing Home Newsletter



## February 2021



Hello from Nursing...

We have had some exciting things happening around here the past few weeks! We had our first COVID vaccination clinic for residents and staff on January 19th.

Everyone did well with no reactions noted in residents and a few staff had headaches, sore arms and fatigue, most lasting 24 hours or less. Residents and staff enjoyed doughnuts, juice and coffee in the dining room after they received their vaccinations. Our second clinic will on February 9<sup>th</sup>.

On Monday January 25<sup>th</sup> we were able to start communal dining. It has been 10 long months since the residents last were able to eat in the dining room. Following CDC, CMS and IDPH guidelines on social distancing, we have divided the residents into 2 groups of 9 residents each. We began with noon meal dining and the groups will alternate days.

Residents are enjoying being out of their rooms and being able to communicate with their peers. We will keep you updated with any new changes or recommendations in guidelines. Again, if you have any questions or concerns, please feel free to call us anytime.

Stay safe and healthy!

Cindy Staudt, Infection Preventionist



## Employee February Birthdays

Teya Adams - 6  
Charlene Starr - 10  
Barb Jackson - 17  
Carrie Demory - 24

## Employee February Anniversaries

Rhonda Buttjer - 10 years  
Nicole Rogers - 4 years  
Janelle Nuehring - 24



### BELOW IS THE CARE CONFERENCE SCHEDULE FOR THE MONTHS OF FEBRUARY AND EARLY MARCH.

#### February 4<sup>th</sup>, 2021

George McNamara  
Dora Schrage

#### February 11<sup>th</sup>, 2021

Joyce Trimbell  
Wayne Vandervort  
Bobbie Dow

#### February 18<sup>th</sup>, 2021

No Care Conferences

#### February 25<sup>th</sup>, 2021

Marlys Benson  
Linda Reimers  
Pamela Kiel  
Nicole Tabor

#### March 4<sup>th</sup>, 2021

Donnella Brecke  
Darlene Berk  
Betty Peralta

#### March 11<sup>th</sup>, 2021

Lynnea Smith  
Ralph Martin



February 15<sup>th</sup>



February 14<sup>th</sup>



# PRESS RELEASE FROM CERRO GORDO PUBLIC HEALTH

Wednesday, January 27th, 2020

Contact: Jeremy Otto, Marketing and Public Information Officer, (641) 421-9333

## COVID-19 VACCINE SIGN UP INFORMATION

(Mason City) – As CG Public Health continues to vaccinate the community, we are excited to share the process in which the public will sign up for vaccination time slots for their first or second dose. The CodeRED Alert system will be used to inform the public of upcoming vaccination time slots. In addition, an alert will be released through local media, our social media pages, and our website. This alert will contain instructions, including a link and a phone number, with which a qualifying person may sign up for a vaccination time slot. For those individuals unable to sign themselves up through the provided link, the provided phone number may be dialed, and a live operator can sign you up. The vaccine scheduling link will also be available on the front page at [www.cghealth.com](http://www.cghealth.com).

IF NO DATES OR TIMESLOTS ARE DISPLAYING ON THE SCHEDULER SCREEN, THEY HAVE BEEN FILLED AND NO ADDITIONAL APPOINTMENTS ARE AVAILABLE FOR THOSE CLINIC DATES. A SEPARATE CODERED MESSAGE WILL BE SENT AS SOON AS NEW VACCINE TIME SLOTS BECOME AVAILABLE. PLEASE CONTINUE TO MONITOR LOCAL MEDIA, OUR SOCIAL MEDIA PAGE, AND OUR WEBSITE FOR UPDATED INFORMATION.



**Vaccine Clinic  
January 19<sup>th</sup>**



**Social  
Dining**



## FEBRUARY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ALL ACTIVITIES SUBJECT TO CHANGE!</b>	1  10:30 Exercise 1:30 Pokeno (1) 3:00 Pokeno (2)	2  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2) GROUND HOG DAY!	3  10:30 Prayer Group 1:30 RESIDENT COUNCIL MEETING	4  10:30 Exercise 1:30 Pokeno 3:00 Pokeno	5  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	6
7  Family Visits  	8  10:30 Exercise 1:30 Pokeno (1) 3:00 Pokeno (2)	9  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	10  10:30 Prayer Group 1:00 Manicures 3:00 Happy Hour PAJAMA DAY!	11  10:30 Exercise 1:30 Pokeno 3:00 Pokeno	12  10:30 Exercise Valentine Bingo 1:30 (1) 3:00 (2) WEAR RED OR PINK	13
14  Family Visits OPEN VALENTINE BOXES!  	15  10:30 Exercise 1:30 Pokeno (1) 3:00 Pokeno (2)	16  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	17  10:30 Prayer Group 1:00 manicures 3:00 Happy Hour	18  10:30 Exercise 1:30 Pokeno 3:00 Pokeno	19  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	20
21  Family Visits	22  10:30 Exercise 1:30 Pokeno (1) 3:00 Pokeno (2)	23  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	24  10:30 Prayer Group 1:00 Manicures 3:00 Happy Hour	25  10:30 Exercise 1:30 Pokeno 3:00 Pokeno	26  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	27
28  Family Visits	<div style="text-align: center;">  </div>					