

# ROCKWELL NURSING HOME

## Newsletter December 2020



### Resident Christmas Events....

**Dec. 1<sup>st</sup> – 4<sup>th</sup> : Christmas pictures by the tree**

**Holiday shopping center open!**

**Dec. 2<sup>nd</sup> : 11:30 am – Taste of the holidays**

**Holiday food favorites provided by the staff  
Wendy's burgers, fries and frosties**

**Dec. 9<sup>th</sup> : 3:00 pm – Holly Jolly Happy Hour**

**Dec. 10<sup>th</sup>: Cookie Decorating**

**Dec. 16<sup>th</sup> : Pajama Day and Christmas carolers ☺**

**3:00 – Hot Cocoa bar**

**Dec. 23<sup>rd</sup>: 11:30 am – Resident Christmas Party!!**

**Chili and cinnamon roll dinner with a Christmas dessert, Christmas caroling,  
gift opening and Grab Bag Bingo to follow!**

*Wishing you all a BLESSED and HEALTHY  
quarantine Christmas!*

*Shana and Trish*



## Employee December Birthdays

**Sarah Kobliska – 28**

## Employee December Anniversaries

**Bernie Ginapp – 20 years**

**Kaycee Hamand – 1 year**



**Below is the Care Conference schedule for the month of December and early January.**

### December 3<sup>rd</sup> , 2020

**Marlys Benson**

**Linda Reimers**

**Pamela Kiel**

**Nicole Tabor**

### December 10<sup>th</sup> , 2020

**Donnella Brecke**

**Darlene Berk**

**Betty Peralta**

**Robert Pals**

### December 17<sup>th</sup> , 2020

**Lynnea Smith**

**Ralph Martin**

### December 24<sup>th</sup> , 2020

**No care conference**

### January 7<sup>th</sup> , 2020

**John Chaddock**

**Mary Hoffman**

**Peggy Jones**

### January 14<sup>th</sup> , 2020

**Jon McCorkle**

**James Polsdofer**



**A huge thank you to  
Brandie Witte and  
St. Peter Lutheran Church  
who provided outside lighted Christmas  
decorations for our residents!  
They really enjoy looking at them  
from their windows....**

**You truly have brightened their lives!**



## Through the eyes of a resident.....

Residents dealing with Covid-19 and how it's affecting them and their families.

I personally interviewed a few residents and myself. This is really a touching topic to talk about. All the residents I talked to actually cried a few tears, because it is so hard on us and also our loved ones. We can't physically touch or hold, or even hug. A lot of us hug and kiss our families to show our emotion and love towards each other.

The words out of the resident's mouths exactly "it sucks". The whole pandemic is just emotionally terrifying. It has impacted all of us and effects all of us differently. Finding a lot of sadness and depression.

And because of these masks, it's hard to show emotion. Underneath their smiles but yet frowns of sadness. Can't see everybody's emotions. All because of this pandemic there is a lot of clinically depressed family and people out there. It's scary, it all is.

It's so heartbreaking and I pray every day for the people who have lost a loved one and or is dealing with the outbreak in their home. This pandemic has everyone emotionally, physically and mentally depressed or even sick with Covid. Due to no visits, at the moment, thank gosh we have phones so we can still communicate.

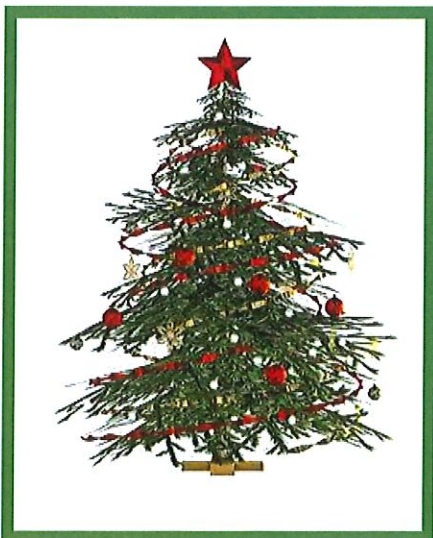
I'm so thankful of the relationships I have made in here, and we can all help each other get through this hard time.

Also, may I add a special thank you to all the staff at our Care Center for their great care and special hearts.

Written by and through the eyes of a resident at the Rockwell Care Center.

Thank you and wishing all the best –

Nikki Tabor



"As long as we know in our hearts  
what Christmas ought to be,  
Christmas is."

— Eric Sevareid

"Maybe Christmas (*he thought*) doesn't come from a store. Maybe Christmas perhaps means a little bit more." —  
**The Grinch**



# DECEMBER CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities subject to change!		1  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	2  10:30 Devotionals Holiday shopping center opens	3  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	4  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	5
6  Family Visits (as allowed)	7  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	8  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	9  10:30 Devotionals 2:00 Holly Jolly happy hour and crossword puzzle competition	10  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2) Cookie decorating	11  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	12
13  Family Visits (as allowed)	14  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	15  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	16  10:30 Devotionals 2:00 Jingle Mingle happy hour	17  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	18  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	19
20  Family Visits (as allowed)	21  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	22  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	23  10:30 Exercise 2:00 Resident Christmas party!	24  Angel Tree gifts delivered!  Christmas Eve	25  	26
27  Family Visits (as allowed)	28  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	29  10:30 Exercise 1:30 Bingo (1) 3:00 Bingo (2)	30  10:30 Devotionals One to one activities	31  10:30 Exercise 2:00 New Year's Eve party!		

