

# ROCKWELL COMMUNITY NURSING HOME NEWSLETTER 2020



Hello from the Activity Department!



Fall is here!! The residents have been enjoying watching all the trees show off their colors. We continue with van rides weekly and I have been encouraging the residents to get out for a ride and look at all the beautiful changes that fall brings (doesn't take much encouraging ☺)!

The biggest change in the activity department recently, has been offering small group activities in the dining room, and I am happy to share that these are going GREAT!! We planned on starting with offering small groups once a week but they have been going so well that we now offer them 3 days a week. We have separated the residents into 3 different groups, One group in the morning and the other two groups in the afternoon hours. The residents have been enjoying being able to catch up with each other and getting out of their rooms more.

Family visits continue to go well on our end, I hope all the families and residents feel the same way. It's great seeing families back in the facility!!

Shana Rohlfen, Activity Director



### Employee October Birthdays

Val Siefken - 2

Jade Oberhelman - 8

Andrea Anderson - 10

Alicia Light - 21

Deb Laudner - 26

Rhonda Butcher - 26

Tina Miller - 27

### Employee October Anniversaries

Jeanne Sable - 12 years

Carrie Smith - 10 years



Below is the Care Conference schedule for the month of October and early November.

October 1<sup>st</sup>, 2020

No care conference

October 8<sup>th</sup>, 2020

No care conference

October 15<sup>th</sup>, 2020

John Chaddock  
Mary Hoffman  
Peggy Jones

October 22<sup>nd</sup>, 2020

Jon McCorkle  
Betty Shipp

October 29<sup>th</sup>, 2020

No care conference

November 5<sup>th</sup>, 2020

Rosie Nelson  
Betty Taylor  
James Polsdofer





## A Heartfelt Thank You!

The Rockwell Nursing Home staff and residents would like to thank our friends, families, churches, volunteers and community members for the kindness and generosity they have shown us during this challenging time. From small acts of kindness such as treats or words of encouragement to monetary donations and handsewn PPE...we appreciate each and every one! The support that we have received has been overwhelming and as the pandemic continues, we strive to keep our home and the loved ones who live here, happy and healthy!



## A LITTLE HUMOR TO MAKE US LAUGH....

**Why did the chicken cross the road????**

Because the chicken behind him didn't know how to social distance properly!

**Whose idea was it to sing Happy Birthday while washing your hands??**

Now every time I go to the bathroom, my kids expect me to walk out with a cake!

**The World Health Organization announced that dogs cannot contract COVID-19. Dogs previously held in quarantine can now be released.**

To be clear....."WHO let the dogs out?"

**My Mom always told me I wouldn't accomplish anything by lying in bed all day.**

But look at me now Ma! I am saving the world!



## October 2020 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Exercise  Dining room activities *Pokeno* Family Visits	2 10:30 Exercise  Hallway Bingo	3
4 Family visits	5 10:30 Exercise  Dining room activities *Pokeno*	6 10:30 Exercise  Dining room activities *Bingo* Family Visits	7 10:30 Bible Study 1:00 one to one visits 3:00 Ice cream Sundaes Van Rides	8 10:30 Exercise  Dining Room activities *Pokeno* Family Visits	9 10:30 Exercise  Hallway Bingo	10
11 Family Visits	12 10:30 Exercise  Dining room activities *Pokeno*	13 10:30 Exercise  Dining room activities *Bingo* Family Visits	14 10:30 Bible Study 1:00 one to one visits 3:00 Happy hour Van Rides	15 10:30 Exercise  Dining room activities *pumpkin painting/carving Family Visits	16 10:30 Exercise  Hallway Bingo	17
18 Family Visits	19 10:30 Exercise  Dining room activities *Pokeno*	20 10:30 Exercise  Dining room activities *Bingo* Family Visits	21 10:30 Bible Study 1:00 one to one visits 3:00 Donuts Van Rides	22 10:30 Exercise  Dining room activities *Pokeno* Family Visits	23 10:30 Exercise  Hallway Bingo	24
25 Family Visits	26 10:30 Exercise  Dining room activities *Pokeno*	27 10:30 Exercise  Dining room activities *Bingo* Family Visits	28 10:30 Bible Study 1:00 one to one visits 3:00 Happy Hour Van Rides	29 10:30 Exercise  Dining room activities *Craft* Family Visits	30 10:30 Exercise  Hallway Bingo	31

