



Rockwell Nursing Home Newsletter August 2020

Hello from the Activity Department....

It's hard to believe that summer is half way gone already!! Usually summer is hard to say goodbye to, but, if it means that next summer the world will be back to normal, then summer can cruise right along!! On a positive note, with the weather being so nice the residents get the opportunity to go outside quite a bit and we have been able to set up family visits in the garden area. The first weekend of family visits was a success 😊! We want to thank all the families for being so respectful of the rules!!

Trish and I are shakin' up the activity calendar this month, we are going to try a few new hallway games/activities and switch things up week by week versus month by month. Like I tell the residents, some of the new things might not work but we will never know until we try. As long as I don't mess with their bingo, they usually give me the go ahead 😊

We hope everyone is enjoying their summer!

Shana Rohlfen, Activity Director





Employee August Birthdays

Kylie Laudner – 18

MacKenzie Staudt – 24

Racheal Paul - 25



Below is the Care Conference schedule for the month of August and early September.

August 6th, 2020

No Care Conferences

August 13th, 2020

Rosie Nelson

Mary Skyles

August 20th, 2020

No Care Conferences

August 27th, 2020

Joyce Trimbell

Betty Taylor

Wayne Vandervort

September 3rd 2020

No Care Conferences

September 10th, 2020

Marlys Benson

Linda Reimers

Pamela Kiel

Nicole Tabor



The Dog Days of SUMMER...

The term “Dog Days” traditionally refers to a period of particularly hot and humid weather occurring during the summer months of July and August in the Northern Hemisphere.

In ancient Greece and Rome, the Dog Days were believed to be a time of drought, bad luck, and unrest, when dogs and men alike would be driven mad by the extreme heat. Today, the phrase doesn’t conjure up such bad imagery. Instead, the Dog Days are associated purely with the time of summer’s peak temperatures and humidity.

This period of sweltering weather coincides with the year’s heliacal (meaning “at sunrise”) rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the “Greater Dog”—which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky.



Did you know that August is...

Admit You Are Happy Month - American Adventures Month - Audio Appreciation Month -

Cataract Awareness Month - Catfish Month - Children’s Eye Health and Safety Month

Children’s Vision and Learning Month - National Eye Exam Month - Family Fun Month

Get Ready for Kindergarten Month - Goat Cheese Month - Happiness Happens Month

Immunization Awareness Month - National Back to School Month

Neurosurgery Outreach Month - Panini Month - Peach Month

National Picnic Month - Romance Awareness Month - Sandwich Month

Water Quality Month - What Will Be Your Legacy Month - Win with Civility Month

August Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Family Visits	3 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	4 10:30 Exercise 2:00 Bingo (1) 2:00 Bingo (2)	5 10:30 Bible group 2:00 Resident Council	6 10:30 Exercise 2:00 Doorway coloring competition 3:00 Happy Hour	7 10:30 Exercise 1:00 Manicures	8 Family Visits
9 Family Visits	10 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	11 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	12 10:30 Bible Group 2:00 Bags Zone1 vs. zone2 3:00 hallway coffee chat	13 10:30 Exercise 2:00 Doorway Crossword competition 3:00 Happy Hour	14 10:30 Exercise 1:00 Manicures	15 Family Visits
16 Family Visits	17 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	18 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	19 10:30 Bible Group 2:00 ladder Ball Zone1 vs. Zone2 3:00 hallway coffee chat	20 10:30 Exercise 2:00 Charades 3:00 Happy Hour	21 10:30 Exercise 1:00 Manicures	22 Family Visits
23/30 Family Visits	24/31 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	25 10:30 Exercise 2:00 Bingo (1) 3:00 Bingo (2)	26 10:30 Bible Group 2:00 Bags Zone1 vs. Zone2 3:00 Hallway coffee chat	27 10:30 Exercise 2:00 Craft 3:00 Happy Hour	28 10:30 Exercise 1:00 Manicures	29 Family Visits