

Rockwell Nursing Home Newsletter



Hello from the Activity Department...

Woo hooo, SUMMER IS HERE!! We will be celebrating with a Quarantine summer party for the resident's on Wednesday June 3rd. The weather looks great (so far) and Trish and I have a lot of fun summer themed activities planned for the residents. We will have bags, horseshoe, ladder ball and Yard Yahtzee all set up to play outside. We will put up some fun outdoor summer decorations, have homemade lemonade and barrel juice available along with some fun summer snacks. It's going to be a GREAT summer day here!

Our June activity calendar is on the back of this and you will notice that it is pretty much the same schedule as the last couple of months. I have a base activity calendar but it changes often, just depends on the day and what the resident's want to do. Some activities (such as bingo 😊) are more important to them than others and if they want to play bingo 5 days a week, then we will play bingo 5 days a week. With the weather now being consistently nice, the resident's have been getting outside more. We know how important fresh air and sunshine is, so we are always making sure that your loved ones get out as much as possible. We also continue to have crafts, books, DVD's, newspapers and other one to one activities available for all residents. Conversation seems to be a popular activity during this time and Trish and I truly enjoy visiting with your loved ones and learning more about them.

As the saying goes "we are all in this together"!

We hope to see you all soon!!
Shana Rohlfen, Activity Director



Employee June Birthdays

Cindy Staudt - 5
Julie Sheriff - 15

Employee June Anniversaries

Samantha Allen - 2 years
Sheena Petersen - 1 year



Below is the Care Conference schedule for the month of May and early June.

June 4th, 2020

Joyce Trimbell
Betty Taylor
Wayne Vandervort

June 11th, 2020

No Care Conferences

June 18th, 2020

Marlys Benson
Linda Reimers

June 25th, 2020

Pamela Kiel
Harold Gallagher
Betty Peralta
Nicole Tabor

July 2nd, 2020

Darlene Berk
Donnella Brecke

July 9th, 2020

Lynne Smith
Damian Deegan
Ralph Martin
Lawrence Moore

Sunday, June 21st

**Happy Father's Day to all the Dad's
out there from the Staff and Residents!**



Dad: A son's first hero, a daughter's
first love."

—Unknown



CONGRATULATIONS TO OUR GRADUATES

Kylie Laudner – West Fork Grad

Future plans are to attend the University of Iowa and major in nursing.

Feelings about graduating during a pandemic: “it sucked at first, things are a little crazy but that’s life. I’m glad things are starting to go back to normal.”

Keanna Peterson – West Fork Grad

Future plans are to attend NIACC for 1 year, then transfer to the University of Iowa to get her B.S.N in nursing.

Feelings about graduating during a pandemic: “It’s sad, but you also get to experience things that no one else will”

Claire Thomas graduated from Creighton University in Health Administration and Policy
Her future plans are to be a Long - Term Care Administrator.

Feelings about graduating during a pandemic: “It feels weird, doesn’t feel like I really graduated due to there being no ceremony or celebration”

The RCNH wishes you all the BEST!!



June Activities

Monday's

10:30 Exercise Class

Zone 1 – 2:00 Bingo

Zone 2 – 3:00 Bingo



Tuesday's

10:30 Exercise Class

2:00 Bingo



Wednesday's - HAPPY HOUR

10:30 Exercise Class

2:00 One to One visits

Thursday's

10:00 Exercise Class

2:00 Bingo



Friday's

10:30 Exercise Class

1:00 Manicures

**JUST A FRIENDLY REMINDER, PLEASE NO
VISITING WITH RESIDENTS WHEN THEY ARE
OUTDOORS!!
THIS IS PER CDC RECOMMENDATIONS AND
FOR THE SAFETY OF YOUR LOVED ONE!**

