



Newsletter

Rockwell Nursing Home

2020

Hello from the Activity Department...

Well, I'm sure you are all wondering what we have been doing for fun around here! Trish and I are trying to keep the activity schedule as normal as possible and things have been going pretty smooth with activities being held down the hallways. Of course, there are some activities that are just not feasible to do right now but we are trying our best to replace them with other fun activities. Bingo seems to still be the most popular game of course, in fact, we played bingo 3 days in a row a couple of the weeks. We always have books, magazines, painting and other individual activities available on a daily basis for anyone interested.

We have been taking resident's outside whenever the weather is good and they are really enjoying being able to get some fresh air. Just a friendly reminder that if you see resident's outside you still are NOT able to visit them unfortunately. With the nice weather coming, we will be putting caution tape across the parking lot just to make sure that kids on their bikes, people walking/driving around are aware. We understand how tempting it may be if you see your loved one sitting outside to just come up to them and visit, but we need to respect the recommendations of the CDC and most importantly, keep the resident's safe and able to continue enjoying this activity.

Shana Rohlfen, Activity Director



Employee May Birthdays

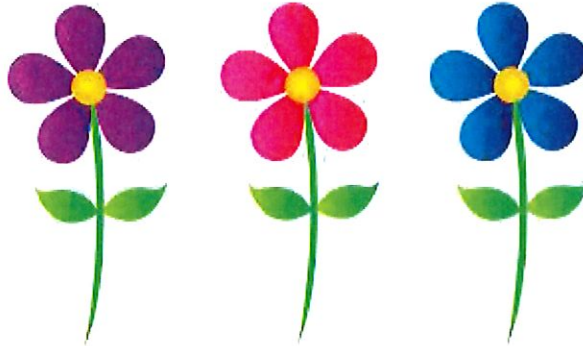


Employee May Anniversaries

Deb Krumm - 20 years

Sarah Dusold - 3 years

Samantha Barkhurst - 2 years



Below is the Care Conference schedule for the month of May and early June.
Due to the current Covid-19 restrictions,
we can call family members and can participate via speakerphone for care
conference. Please call to set up a time if you wish!

May 7th, 2020

Revena Platts
James Polsdofer
Jon McCorkle
Betty Shipp

May 14th, 2020

No Care Conferences

May 21st, 2020

Rosie Nelson
Mary Skyles

May 28th, 2020

No Care Conferences

June 4th, 2020

Joyce Trimbell
Betty Taylor
Wayne Vandervort

June 11th, 2020

No Care Conferences



Hello from the Nursing department....

As you have heard the Governor is allowing sections of the state to start easing up on restrictions. Please keep in mind this is the time that we need to be extra cautious and diligent so we don't go backwards and close things down again. It makes it more likely to spread the virus a bit with relaxing the restrictions. There is a lot of advice out there, but 2 important things are:

1. **WASH YOUR HANDS.** Wash your hands after touching things someone else may have touched: doorknobs, shopping carts, etc. Wash your hands before and after touching your face. Remember to wipe down your phone.

2. **STAY HOME IF YOU ARE SICK.** Remember that people who are not sick can spread the virus, but people who are sick spread the virus easily. They have a higher viral load. Stay home until it's been 7 days since your symptoms started and 3 days since you last had a fever without the aid of Tylenol.

Be Smart and Safe. Remember social distancing of 6 feet away and no more than 10 people in a group. Listen to your public health experts and physicians so we can get back to normal.

As we continue to isolate, please be reassured that your loved ones are in good hands and their safety and health are very important to us. We are currently screening our staff at the beginning and end of each shift and wearing our PPE for everyone's safety. Please call anytime with any concerns or questions. Thank you for being so understanding at this time.

Stay safe and Healthy.

Monday, May 25th

**To those who courageously
gave their lives and those
who bravely fight today...**

THANK YOU!





May Activities



Monday's

10:30 Exercise Class

1:30 Zone 1 Take Away Poker

2:15 Zone 2 Take Away Poker



Tuesday's

10:30 Exercise Class

2:00 Bingo

Wednesday's - HAPPY HOUR

10:30 Exercise Class

2:00 One to One visits

Thursday's

10:00 Exercise Class

2:00 Bingo

Friday's

10:30 Exercise Class

1:00 Manicures

