

# Rockwell Nursing Home

## May 2019 - Newsletter

News from the Activity Department....

This month we will be celebrating National Skilled Nursing Care Week , May 12th - 17th. The theme this year is " Live Soulfully "...What makes your soul happy? Well, around here music seems to bring joy to everyone along with the famous game of bingo 😊. We have lots of music planned and will end the week with a grill out and a carnival. Feel free to stop in and join in the fun!!

Now that the weather is nice, we have some different activities planned so don't forget to check out the activity calendar on the back!



Happy Mother's Day!  
Sunday, May 12<sup>th</sup>

*God could not be everywhere, and therefore he made mothers. "*  
*- Rudyard Kipling*



**To describe my mother would be to write about a hurricane in its perfect power. Or the climbing, falling colors of a rainbow." - Maya Angelou**

Below is the Care Conference schedule for the month of May and early June. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

May 2<sup>nd</sup>, 2019  
Linda Reimers

May 9<sup>th</sup>, 2019  
Darlene Berk  
Ann Rooney  
Janice Rose

May 23<sup>rd</sup>, 2019  
John Chaddock  
Mary Hoffman  
Larry Moore

May 30<sup>th</sup>, 2019  
Jim Polsdofer  
Betty Shipp

June 6<sup>th</sup>, 2019  
Arlene Kirchhoff  
LaNaya Angell



The Social Drumming that was scheduled for Saturday, April 27 has been postponed to later this summer. Please watch Newsletter for more details!



EMPLOYEE MAY BIRTHDAYS

Reba Struchen – 12  
Emily Dodd – 24

EMPLOYEE MAY ANNIVERSARIES

Deb Krumm – 29 years  
Sarah Dusold – 2 years  
Samantha Barkhurst – 1 year  
Cheyla Weaver – 1 year  
Sydney Nuehring – 1 year  
Emily Dodd – 1 year



*A Big Thank You!*

*The Dick Nickerson Family  
provided homemade ice cream for  
staff and residents in honor  
of Dick. Thank you so much....*

*We enjoyed the extra  
special treat!*



# YOU ARE INVITED!

- When: May 4, 2019 from 9:00am – 11:00am
- Where: Rockwell Community Nursing Home
- Cost: Free will donation



- The Rockwell Community Nursing Home will, again, be participating in the Walk to End Alzheimer's this year. Staff members have registered as a team to represent Rockwell Community Nursing Home. The walk will take place on September 28, 2019 in Mason City. Our goal as a team is to raise at least \$500 and all proceeds will go directly towards the Alzheimer's Association.
- PARENTS:
- Bring your children/grandchildren to the Rockwell Community Nursing Home to make homemade Mother's Day gifts with staff and residents.
- Staff and residents will assist children with making their homemade gifts for Mom. Children will be able to take their homemade gifts home the same day and they will be wrapped and ready for Mom to open on Mother's Day.
- Snacks and drinks provided.
- All gift-making supplies will be provided.

🌸 PLEASE SEND YOUR CHILD IN OLD CLOTHES 😊 🌸



## Things Mom Would Never Say...



"How on earth can you see the TV sitting so far back?"

"Yeah, I used to skip school a lot, too"

"Just leave all the lights on ... it makes the house look more cheery"

"Let me smell that shirt -- Yeah, it's good for another week"

"Go ahead and keep that stray dog, honey. I'll be glad to feed and walk him every day"

"Well, if Billy's mom says it's OK, that's good enough for me."

"The curfew is just a general time to shoot for.

It's not like I'm running a prison around here."

"I don't have a tissue with me ... just use your sleeve"

"Don't bother wearing a jacket - the wind-chill is bound to improve"

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**SENSORY GROUP 3X PER WEEK  
WITH TRISH  
4:30 TO 5:15 P.M.**

1

10:15 Church Service  
Pastor Livingston  
2:00 Resident Council  
3:00 Coffee  
3:30 Rosary  
6:30 Games

2

10:00 Exercise  
10:15 Ball Toss  
10:30 Reading With Jolynn  
2:00 Table Games  
3:00 Coffee

3

10:15 Mass  
2:00 Quarter Bingo  
3:00 Coffee

4

3:00 Coffee

5

Church Bulletins Delivered  
2:00 Coffee

6

10:00 Exercise  
10:15 Ball Toss  
10:30 Bean Bag Toss  
2:00 Pokeno  
3:00 Coffee

7

10:30 Music Therapy w/Talia  
2:00 Bingo Volunteers  
3:00 Coffee

8

10:15 Church Service  
Pastor Stevick  
1:00 Manicures  
1:30 Van Rides  
3:00 Coffee  
3:30 Rosary

9

10:00 Exercise  
10:15 Ball Toss  
10:30 Reading With Jolynn  
2:00 Plant Flowers/  
Table Games  
3:00 Coffee

10

10:15 Prayer Service  
2:00 Quarter Bingo  
3:00 Coffee

11

3:00 Coffee

12

Church Bulletins Delivered  
10:30 Hymns w/Baptist Church  
2:00 Coffee



13

10:00 Exercise  
10:15 Ball Toss  
10:30 Ladder Ball  
2:00 Music by Jim Thornton  
3:00 Root beer Floats

14

10:30 Music Therapy w/Talia  
2:00 Bingo Swaledale Methodist  
3:00 Coffee

15

10:15 Church Service  
Lutheran Church  
2:00 Volunteer Appreciation  
3:00 Coffee  
3:30 Rosary  
6:30 Games

16

10:00 Exercise  
10:15 Ball Toss  
10:30 Reading with Jolynn  
2:00 Dan's Band  
3:00 Ice Cream Sundaes

17

10:15 Mass  
2:00 Carnival

18

3:00 Coffee

**Happy National Skilled Nursing Care Week! May 12<sup>th</sup> - 17<sup>th</sup>**

19

Church Bulletins Delivered  
2:00 Coffee

20

10:00 Exercise  
10:15 Ball Toss  
10:30 Garden Time  
2:00 Pokeno  
3:00 Coffee

21

10:30 Music Therapy w/Talia  
2:00 Bingo Lutheran  
3:00 Coffee

22

10:15 Church Service  
Pastor Carlson  
1:00 Manicures  
1:30 Van Rides  
3:00 Coffee  
3:30 Rosary

23

10:00 Exercise  
10:15 Ball Toss  
10:30 Reading with Jolynn  
2:00 Table Games  
3:00 Coffee

24

10:15 Prayer Service  
2:00 Quarter Bingo  
3:00 Coffee

25

3:00 Coffee

26

Church Bulletins Delivered  
2:00 Coffee

27

**HAPPY MEMORIAL DAY!**



28

10:30 Music Therapy w/Talia  
2:00 Bingo Sacred Heart  
3:00 Coffee

29

10:15 Church Service  
Pastor Livingston  
1:00 Manicures  
1:30 Van Rides  
3:00 Coffee  
3:30 Rosary

30

10:00 Exercise  
10:15 Ball Toss  
10:30 Reading with Jolynn  
2:00 Table Games  
3:00 Coffee

31

10:15 Prayer Service  
2:00 Quarter Bingo  
3:00 Coffee



We should Include some information in the next Newsletter about then new MCO...

Maybe want to save the letter and copy and paste some of the information from it.

Also I will want to put information regarding becoming part of the Veterans Affairs Community Care Network, but I want to make sure we have confirmation from them before we do that

