



Rockwell Nursing Home December 2018 Newsletter



~ A NOTE FROM THE ADMINISTRATOR ~

As another year comes to an end, I want to thank you for entrusting you and your loved one's care to us. It was a pleasure to extend our family into yours. It is an honor to care for those who were in their final days, those who are still with us and those who were able to become strong enough to return it home. You all have touched our lives and I hope we can continue to serve you and your families.

Work Family, we are "Simply the Best"! I hear it from families often. Our caring and dedicated staff is the reason we can provide such excellent care to our residents each and every day. I am proud to say I am part of the Rockwell Nursing Home Team! Thank you for the dedication, empathy and love you provide.

Dianne Poole, Administrator



**We want to thank all the staff for their dedication and service
provided to the care center and those who live here.**

The Board Members;

Dick, Harlan, Tracy, Sue, Mike, Jim and Janet



Please join us!
Our Annual Holiday Open House will be held on
Sunday, December 2nd at 1:30 p.m. The Dawson
Family will play all our holiday favorites and coffee,
cider and cookies will be served.



Do Not Be “Alarmed”

As of November 2018, I am excited to announce that Rockwell Community Nursing Home is an **ALARM FREE** facility!!! Phasing out alarms in our facility has been challenging, but it has made all staff learn to be more proactive rather than reactive. For example, if we know John Doe sets his alarm off at 2:00pm every day to use the bathroom, taking him to the bathroom at 1:45pm everyday eliminates the alarm sounding and reduces the risk of the resident falling and being injured.

Being alarm free creates a much calmer, more pleasant, home-like environment for not only the residents, but family members and staff too. By eliminating the use of alarms, we are fulfilling our nursing home vision “allowing all residents to experience the highest quality of daily life possible.” Alarm elimination increases resident freedom, dignity, and privacy. I could not be more proud of our entire facility for achieving this goal!!!

Since Christmas is approaching, cheers to a “silent” night,

Jenna Crooks, Director of Nursing



Below is the Care Conference schedule for the month of December and early January. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

December 6th, 2018

John Chaddock
Mary Hoffman

December 13th, 2018

James Polsdofer
Arlene Kirchhoff
Linda Reimers
Betty Shipp
Loretta Janssen

January 3rd, 2019

Mary Skyles

January 10th, 2019

Joyce Trimbell
Rosie Nelson

January 24th, 2019

Pamela Kiel
Betty Peralta
Mary Abell



Happy Holidays from the Activity Department!

We hope you all have a HEALTHY and HAPPY holiday season. We have lots of activities planned for the holiday month, so if you are in need of a dose of holiday cheer, stop in and see us 😊

Below is our Holiday Activity Schedule:

- Dec. 1st Swaledale Garden Club will be here to sing carols over coffee and cookies/Boy Scouts come caroling after supper
- Dec. 2nd Holiday Open House
- Dec. 3rd Pajama Day with Christmas movie in the afternoon
- Dec 7th West Fork Carolers
- Dec. 10th Christmas Craft
- Dec. 12th Christmas Movie and Popcorn Bar
- Dec. 17th Christmas Carols with Louise Patterson
- Dec. 19th Resident Christmas Party!!
- Dec. 24th Christmas Eve Movie
- Dec. 27th Dan's Band
- Dec. 31st New Year's Eve Social



**SHOPKO OPTICAL WILL BE HERE
ON WEDNESDAY, DECEMBER 12TH
AT 12:30 P.M. TO ADJUST RESIDENT'S GLASSES.**

EMPLOYEE DECEMBER BIRTHDAYS EMPLOYEE DECEMBER ANNIVERSARIES

Sara Teeter - 3rd

Shana Rohlfen - 20th

Samantha Barkhurst - 20th

Sarah Kobliska - 28th

Deb Laudner - 20 years

Bernie Ginapp - 15 years

Marguerita Abujobarah - 2 years

Reba Struchen - 1 year





Until further notice, beauty shop hours and days will vary. Please call the office if you have any questions.

ALL ACTIVITIES ARE SUBJECT TO CHANGE!!



1

9:30 Swaledale Garden Club
3:00 Coffee

6:00 West Fork Boy Scouts Caroling

2
Church Bulletins Delivered
1:30 Holiday Open House



3
10:00 Exercise
10:15 Ball Toss
10:30 Decorate Trees
2:00 Christmas Movie
3:00 Coffee

PAJAMA DAY!

4
10:00 Word Board
10:30 Music Therapy
2:00 Bingo
Volunteers
3:00 Coffee

5
10:15 Church Pastor Livingston
2:00 Cake/Ice Cream provided by the Larry Trimbell Family
3:30 Rosary

6
10:00 Exercise
10:15 Ball Toss
10:30 Reading With Jolynn
1:30 Manicures
3:00 Coffee

7
10:15 Mass
1:00 West Fork High School Carolers
2:00 Quarter Bingo
3:00 Coffee

8

3:00 Coffee

9

Church Bulletins Delivered
2:00 Coffee

10
10:00 Exercise
10:15 Ball Toss
10:30 News Update
2:00 Xmas Craft Or Cards
3:00 Coffee

11
10:00 Word Board
10:30 Music Therapy
2:00 Bingo
Sacred Heart
3:00 Coffee

12
10:15 Church Pastor Stevick
2:00 Xmas Movie Pop/Popcorn Or Cards
3:30 Rosary

13
10:00 Exercise
10:15 Ball Toss
10:30 Reading with Jolynn
1:30 Manicures
3:00 Coffee

14
10:15 Prayer Service
2:00 Quarter Bingo
3:00 Coffee

15

3:00 Coffee

16

Church Bulletins Delivered
2:00 Coffee

17
10:00 Exercise
10:15 Ball Toss
10:30 News Update
2:00 Xmas Carols w/Lousie
3:00 Coffee

18
10:00 Word Board
10:30 Music Therapy
2:00 Bingo
Lutheran
3:00 Coffee

19
10:15 Church Lutheran Resident Xmas Party!
2:00 Dan's Band



20
10:00 Exercise
10:15 Ball Toss
10:30 Reading with Jolynn
1:30 Manicures
3:00 Coffee

21
10:15 Mass
2:00 Quarter Bingo
3:00 Coffee

22

3:00 Coffee

23/30

Church Bulletins Delivered
2:00 Coffee

24
10:15 Exercise
10:30 Ball Toss
10:30 Xmas Movie/Popcorn
31
10:00 Exercise
10:15 Ball Toss
10:30 News Update
2:00 New Year's Eve Social



26
10:15 Church Pastor Carlson
2:00 Monthly Birthday Party
3:30 Rosary

27
10:00 Exercise
10:15 Ball Toss
10:30 Reading with Jolynn
2:00 Dan's Band
3:00 Coffee

28
10:15 Prayer Service
2:00 Quarter Bingo
3:00 Coffee

29

3:00 Coffee