

ROCKWELL NURSING HOME NEWSLETTER OCTOBER 2018

News from the Activity Department...

Fall is in the Air! Such a beautiful time of the year, all the trees are showing off their colors, pumpkin spice EVERYTHING and of course, football season. Speaking of football, our tailgating party was a success, a good time had by all and we even had some Hawk fans still celebrating on Monday!

This month we are getting ready for our Halloween party, which will be held on Wednesday, October 24th. Staff and residents are invited to dress up in costume and then in the afternoon we will have a "Spooktacular" Halloween carnival! Feel free to come join us for a scary good time!

Shana & Trish



STILL WAITING FOR YOUR NEW MEDICARE CARD?

It could be on the way. Here's how to check: Sign in to your [MyMedicare.gov](https://www.medicare.gov) account and see if your card has been mailed. If you don't have an account yet, visit [MyMedicare.gov](https://www.medicare.gov) to create one. Once your new card has mailed, you can sign in to see your new Medicare number or print an official copy of your new card.

Visit [Medicare.gov/NewCard](https://www.medicare.gov/NewCard) and check the map for the status of card mailings in your state.

If the map shows that mailing is completed in your state, and you don't have your card, call 1-800-MEDICARE. 1-800-633-4227

There might be a problem that needs to be corrected, like updating your mailing address. In the meantime, use your current Medicare card to get health care services.



A Note from the Dietary Department....

We're all looking forward to cooler weather, the approaching holiday season and have all noticed the fall harvesting has begun. As our summer comes to a close, we can enjoy fall sports in this area with football games and cross country meets. (Bring your thermos full of hot cocoa!)

We'll be celebrating "National Healthcare Foodservice Week" October 7th – 13th when we show our appreciation for all the caring, hardworking, great cooking and service our dietary staff provides to our residents and their family members.

Presently we are looking for a few more volunteers to help us in providing "Meals-On-Wheels" delivery to individuals in need of this service. Anyone interested, please contact me.

Thank you and enjoy watching the seasons change and the beautiful colors!

Bernadette Ginapp, Dietary Manager

EMPLOYEE OCTOBER BIRTHDAYS

Miranda Dixon - 3rd
 Andrea Anderson - 10th
 Linda Percy - 18th
 Alicia Light - 21st
 Deb Laudner - 26th
 Rhonda Buttjer - 26th



EMPLOYEE OCTOBER ANNIVERSARIES

Yvonne Rowson - 25 years
 Jeanne Sable - 10 years
 Carrie Smith - 8 years
 Amanda Green - 1 year



Below is the Care Conference schedule for the month of October and early November. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

October 11th, 2018

Richard Nickerson
Delores Francis
Mary Skyles

October 18th, 2018

Joyce Trimbell
Larry Trimbell
Rosie Nelson

November 1st, 2018

Pam Kiel
Betty Peralta
Mary Abell

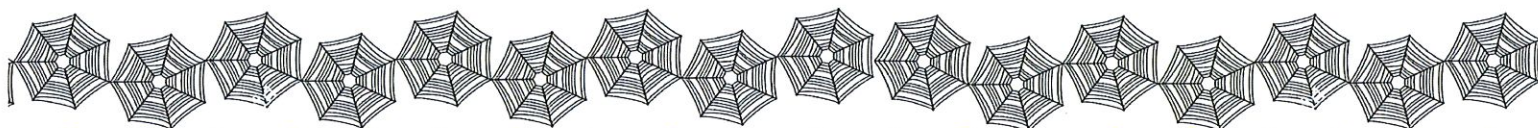


November 8th, 2018

Minnie Kuhlers
Marlys Benson
Elda Theilen

November 15th, 2018

Harold Gallagher
Peggy Gallagher
Donald Bishop



From the Social Worker's Desk ~

Occasionally incidents of alleged mistreatment of individuals in long-term care facilities make news headlines. The possibility of anyone becoming the victim of physical, emotional, verbal or financial abuse is unacceptable.

To aid in the protection of vulnerable individuals, the Iowa Code requires training for the mandatory reporting of dependent adult abuse. Long-term care employees are required to complete 2 hours of training within the first 6 months of employment and every 5 years thereafter. Any employee within their realm of employment is a mandatory reporter.

Additionally, other individuals may report suspected abuse as permissive reporters. Reporting of incidents involving a healthcare facility is to the Iowa Department Inspections and Appeals (1-877-686-0027) Abuse hotline (1-855-402-6116).

Our goal is to provide our residents with a safe, happy and homelike atmosphere. Everyone deserves the same.

Jean Pearson, Social Services



The Nursing Home entered a contest held by the Iowa Health Care Association. The contest challenged facilities to design an album cover of their choice. We decided the 80's was our choice and we have a "like totally" awesome time! The residents and staff dressed up and we used a motorcycle, signs and guitars for props. With the help of Shana's husband, Nick, (who filled in background) we are pretty certain we are going to win the contest! Winners will be chosen at the IHCA's convention held in Des Moines in October. Rock on!!!



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	1 10:00 Exercise 10:15 Ball Toss 10:30 Guess the Word 2:00 Pokeno 3:00 Coffee	2 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Rockwell Methodist 3:00 Coffee	3 10:15 Church Pastor Livingston Van Rides 2:00 Pass the Pig 3:00 Coffee 3:30 Rosary 6:30 Games	4 10:00 Exercise 10:15 Ball Toss 10:30 Reading With Jolynn 1:00 Manicures 3:00 Coffee	5 10:15 Mass 2:00 Quarter Bingo 3:00 Coffee	6 3:00 Coffee
7 Church Bulletins Delivered 2:00 Coffee	8 10:00 Exercise 10:15 Ball Toss 10:30 Guess the Word 2:00 Cards or Adult Coloring 3:00 Coffee	9 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Lutheran 3:00 Coffee	10 10:15 Church Pastor Stevick 2:00 Pumpkin Painting or Cards 3:00 Coffee & Pumpkin Bars 3:30 Rosary	11 10:00 Exercise 10:15 Ball Toss 10:30 Reading With Jolynn 1:00 Manicures 3:00 Coffee	12 10:15 Prayer Service 2:00 Quarter Bingo 3:00 Coffee	13 3:00 Coffee
14 Church Bulletins Delivered 10:30 Church Hymns w/Baptist Ladies 2:00 Coffee	15 10:00 Exercise 10:15 Ball Toss 10:30 Guess the Word 2:00 Pokeno 3:00 Coffee	16 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Sacred Heart 3:00 Coffee	17 10:15 Church Lutheran 2:30 Music Therapy 3:00 Coffee 3:30 Rosary 6:30 Games	18 10:00 Exercise 10:15 Ball Toss 10:30 Reading with Jolynn 1:00 Manicures 3:00 Coffee	19 10:15 Mass 2:00 Quarter Bingo 3:00 Coffee	20 3:00 Coffee
21 Church Bulletins Delivered 2:00 Coffee	22 10:00 Exercise 10:15 Ball Toss 10:30 Guess the Word 2:00 Cards or Adult Coloring 3:00 Coffee	23 10:00 Exercise 10:15 Ball Toss 10:30 Garden Time 2:00 Bingo Volunteers 3:00 Coffee	24 10:15 Church Pastor Carlson 2:00 "Spooktacular Carnival" 3:30 Rosary 	25 10:00 Exercise 10:15 Ball Toss 10:30 Reading with Jolynn 1:00 Manicures 3:00 Coffee	26 10:15 Prayer Service 2:00 Monthly Birthday Party 3:00 Coffee	27 3:00 Coffee
28 Church Bulletins Delivered 2:00 Legion Auxiliary Costume Party 	29 10:00 Exercise 10:15 Ball Toss 10:30 Guess the Word 2:00 Pokeno 3:00 Coffee	30 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Rockwell Methodist 3:00 Coffee	31 10:15 Church Pastor Livingston 2:00 Dan's Band 3:30 Rosary 	<div data-bbox="966 1682 1507 1976"> <p>Until further notice, beauty shop hours and days will vary. Please call the office if you have any questions.</p> <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE!!</p> </div>		