



Rockwell Nursing Home Newsletter 2018



News from the Activity Department...

April showers bring May flowers.....Speaking of flowers, our resident garden club met in March to share ideas of what they would like to put in their garden this year. Lots of GREAT ideas, we will meet again this month to finalize everything and make a list of what we will need to buy.

This month we will start VAN RIDES, WOOP WOOP!! I will be going around asking all residents if they would be interested in going. Van rides are every Wednesday afternoon (weather permitting) REMINDER: Please let me know if there is any place special you would like to visit on your ride! I love requests :)



We would like to honor our residents during Nursing Home Week and would appreciate it if families would bring up to 3 photos of any memorable events or hobbies in their life, such as a wedding, graduation, or special interests. We will return the photos or can make a copy in office if you choose.

HAPPY SPRING TO ALL!!



~ ~ ~ REMINDER ~ ~ ~

PLEASE REMEMBER TO BRING IN NEW MEDICARE CARDS WHEN THEY ARE RECEIVED. CMS (CENTERS FOR MEDICARE/MEDICAID SERVICES) WILL BE SENDING OUT NEW CARDS BEGINNING APRIL 1ST.



Employee April Birthdays

Abie Freyholtz – 6
Denise Martin – 12
Edna Ziemann – 13
Sarah Dusold – 13
Rachel Dusold – 21

Employee April Anniversaries

Christa Ostendorf – 17 years
Denise Martin – 11 years
Carrie Jensen – 1 year



Below is the Care Conference schedule for the months of April and early May. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

April 12th, 2018

Arlene Kirchhoff
Linda Reimers

April 26th, 2018

Dick Nickerson
Jim Grant

May 3rd, 2018

Delores Francis
Donald Taylor
Rosie Nelson
Vickie Swenson

May 17th, 2018

Mary Abell
Minnie Kuhlert
Betty Peralta

May 24th, 2018

Marlys Benson
Pamela Kiel



~Update regarding our Antibiotic Stewardship Program~

Rachel Dusold, RN and Rhonda Buttjer, RN received additional training and continue leading this program. Please stop in and see them if you have any questions!

RCNH Antibiotic Stewardship Educational Brochure

When Do You Need An Antibiotic?

- Taking antibiotics when you don't need them is like leaving the lights on all the time.
- The lights may burn out, leaving you in the dark when you most need them.
- If you use antibiotics when you don't need them, they may not work when you get sick and really do need them.

Antibiotics: Powerful Drugs, But Only When Used For the Right Reasons:

- Antibiotic drugs are strong medicine that can save lives when used appropriately to treat bacterial infections. Overuse of antibiotics can cause problems for individuals and for the health of the community. It is important for us all that these powerful drugs are used only when they can help, so they will work when we really need them.

Overusing Antibiotics Can Cause Major Problems

How can antibiotics hurt you?

Antibiotics can, in some cases:

- Cause nausea and vomiting
- Cause diarrhea, including C. Difficile which is an infection that can lead to severe diarrhea
- Cause skin rash or other allergic reactions
- Cause harm to your kidneys or other organs
- Cause bacteria that are resistant to antibiotics

What is “antibiotic resistance”?

- Antibiotics are developed to kill germs, but the germs fight back by trying to make themselves immune to the antibiotics. When this happens, the antibiotic no longer kills the germ and we say the germ is resistant to the antibiotic. The more antibiotics people take the more chances germs have of becoming resistant. That’s why it’s best to use an antibiotic only when it’s absolutely necessary.

When aren’t antibiotics needed?

Antibiotics can help the body fight bacterial infections but they are not miracle drugs for everything.

They are not helpful when:

- You have an infection that is caused by a virus such as the cold or flu virus.
- You don’t have an infection but instead have some other medical problem.
- Bacteria are found in a urine culture from a specimen you gave but you do not have symptoms of an infection. It is normal for many people to have bacteria in their urine without having an active infection.

What does this all mean to my loved one at Rockwell Community Nursing Home?

- We have implemented an Antibiotic Stewardship Program here at the Rockwell Community Nursing Home.
- The Antibiotic Stewardship Team will review all infections and antibiotics of our residents.
- We strive to not over use antibiotics and keep our residents safe and free from adverse side effects and complications that can arise from antibiotic use.
- The nurses will continue to monitor and assess your loved one for an infection.
- We will be utilizing a procedure which includes a formula that will assist the physician in knowing if the resident truly has an infection and will assist the physician with proper prescribing of an antibiotic if one is needed.
- The resident must meet the criteria in the formula in order for the physician to prescribe an antibiotic.
- We want all residents and families to be well-educated on our practices and fully understand that resident safety and well-being is our ultimate goal.
- We will keep you informed of any antibiotic use or the reasons why non-use is appropriate.

Don’t Take Antibiotics For Granted

- It is easy to see why antibiotics are helpful, and now you know why sometimes you or a family member may not need them. You can help yourself and others by taking antibiotics only when they are truly needed.

References: CDC website and CMS website focusing on the Requirements of Participation



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	<p>2</p> <p>Church Bulletins Delivered 2:00 Coffee</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee</p>	<p>3 Beauty/Barber Shop</p> <p>10:00 Exercise 10:30 Music Therapy 2:00 Bingo Volunteers 3:00 Coffee</p>	<p>4 Beauty/Barber Shop</p> <p>10:15 Church Pastor Livingston 1:00 Manicures 1:30 Van Rides 3:00 Coffee 3:30 Rosary 6:30 Games</p>	<p>5</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pass the Pig 3:00 Coffee</p>	<p>6</p> <p>10:15 Mass 2:00 Quarter Bingo 3:00 Coffee</p>	<p>7</p> <p>10:00 Exercise & Ball Toss 10:30 News Update 3:00 Coffee</p>
<p>8</p> <p>Church Bulletins Delivered 10:30 Church Hymns w/Baptist Ladies 2:00 Coffee</p>	<p>9</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee</p>	<p>10 Beauty/Barber Shop</p> <p>10:00 Exercise 10:30 Music Therapy 2:00 Bingo Sacred Heart 3:00 Coffee</p>	<p>11 Beauty/Barber Shop</p> <p>10:15 Church Pastor Stevick 1:00 Manicures 1:30 Van Rides 3:00 Coffee 3:30 Rosary</p>	<p>12</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pass the Pig 3:00 Coffee</p>	<p>13</p> <p>10:15 Prayer Service 2:00 Quarter Bingo 3:00 Coffee</p>	<p>14</p> <p>3:00 Coffee</p>
<p>15</p> <p>Church Bulletins Delivered 2:00 Coffee</p>	<p>16</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee</p>	<p>17 Beauty/Barber Shop</p> <p>10:00 Exercise 10:30 Music Therapy 2:00 Bingo Lutheran 3:00 Coffee</p>	<p>18 Beauty/Barber Shop</p> <p>10:15 Church Pastor Evanson 2:00 Kevin "The Piano Man" 3:00 Coffee 3:30 Rosary 6:30 Games</p>	<p>19</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pass the Pig 3:00 Coffee</p>	<p>20</p> <p>10:15 Mass 2:00 Dan's Band 3:00 Coffee</p>	<p>21</p> <p>10:00 Exercise & Ball Toss 10:30 News Update 3:00 Coffee</p>
<p>22</p> <p>Church Bulletins Delivered 2:00 Coffee</p>	<p>23</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee</p>	<p>24 Beauty/Barber Shop</p> <p>10:00 One on One's 10:30 Music Therapy 2:00 Bingo & Sensory Group Hanford 3:00 Coffee</p>	<p>25 Beauty/Barber Shop</p> <p>10:15 Church Pastor Carlson 2:00 Monthly Birthday Party 3:30 Rosary</p>	<p>26</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 1:30 Garden Club 2:00 Adult Coloring 3:00 Coffee</p>	<p>27</p> <p>10:15 Prayer Service 2:00 Quarter Bingo 3:00 Coffee</p>	<p>28</p> <p>3:00 Coffee</p>
<p>29</p> <p>Church Bulletins Delivered 2:00 Coffee</p>	<p>30</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Make May Baskets 3:00 Coffee</p>		<p>ALL ACTIVITIES SUBJECT TO CHANGE!!</p>		<p>SENSORY GROUP WILL BE HELD 4-5 TIMES PER WEEK</p> <p>4:30 – 5:15 pm In Therapy Room</p>	<p>31</p> 