



**Rockwell Community
Nursing Home
November 2017
Newsletter**



RELAX, REFRESH, RENEW...

THE ACTIVITY DEPARTMENT IS EXCITED TO ANNOUNCE THAT WE WILL BE OFFERING MESSAGES FOR THE RESIDENTS DURING THE WINTER MONTHS. BEGINNING WEDNESDAY, NOVEMBER 1ST. MESSAGES WILL BE AVAILABLE ON WEDNESDAY AFTERNOONS BETWEEN 1:00 TO 3:00 P.M. AND WE WILL HAVE 15 MINUTES SESSIONS.

WE PLAN TO USE THE CHAPEL ROOM FOR THE MESSAGES AS IT HAS A QUIET, RELAXING SETTING! SOFT MUSIC AND ESSENTIAL OIL-BASED LOTIONS WILL BE AVAILABLE IF INTERESTED. THERE WILL BE A SIGN-UP SHEET POSTED BY DAILY ACTIVITY BOARD ON WEDNESDAY MORNINGS AT 9:00 AM. WE ARE SO EXCITED TO SEE HOW THIS ACTIVITY GOES OVER!

WE WOULD LIKE TO INVITE YOU OUT ON SATURDAY, NOVEMBER 4TH TO SEE THE STEBEN'S THEATER PERFORM "THE ANDREW SISTERS". TAKE A TRIP DOWN MEMORY LANE AND LISTEN TO FAVORITE OLDIES FROM THE WORLD WAR II ERA. THE PERFORMANCE WILL BEGIN AT 2:00 P.M. AND WE HOPE YOU CAN MAKE IT!

WE HOPE EVERYONE HAS A BLESSED THANKSGIVING FILLED WITH FAMILY, FRIENDS AND OF COURSE, TURKEY!

SHANA ROHLFSEN AND TRISH KELLOGG



Below is the Care Conference schedule for the months of October and early November. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

November 2nd, 2017

Arlene Kirchhoff
Linda Reimers
Dorothy Sjostrand

November 9th, 2017

Dick Nickerson
James Grant

November 16th, 2017

Delores Francis
Joyce Losee
Donald Taylor

November 30th, 2017

Esther Dorenkamp
Ida Rose Scholl
Mary Abell

December 7th, 2017

Victoria Swenson
Marlys Benson
Pamela Kiel

December 14th, 2017

Harold Gallagher
Peggy Gallagher
Mary Skyles



A Note from Environmental Services...

With the holidays fast approaching, it's always good to be prepared! With that in mind "Wish Lists" have been taped to each loved ones' closet. The wish list is to give you ideas for gifts. If they request an item, staff will jot it on list. The staff will also write down any clothing items they might think is needed along with the appropriate sizes. Button-down sweaters are always a great gift idea for chilly winter months or a comfy blanket or comforter for their beds makes it look and feel homier in their rooms.



It is also a good time to go through closets and drawers eliminating worn out or torn clothes. We can assist you with this or if you would like us to do this for you, we'd be happy to do that. We will box up items and just let us know what you would like us to do with them.



Tami Dougherty, Environmental Services



Just a Note....

We will be completing required emergency procedures and drills in upcoming months in effort to remain compliant with new regulations set forth by CMS (Centers for Medicare and Medicaid). Please do not be concerned if you hear the Emergency Crews were seen out here at the Nursing Home, we are working on emergency preparedness drills.

Mark your calendars!!

**The Annual Christmas Open House
will be held on**

**Saturday, December 2nd from 1:30 to 3:30 p.m.
The Dawson Family will perform all our holiday
favorites and cookies, coffee and cider will be served.**

Hope to see you there!

Employee November Birthdays

Megan Jones - 24th

Paige Ries - 20th

Employee November Anniversaries

Dianne Poole - 1 year

Teya Adams - 1 year

Cindy Staudt - 10 years

Bonnie Krause - 18 years

Janelle Nuehring - 32 years

Food Storage/Use Policy from Outside the Facility

Any food items, either store-boughten or homemade, must be checked in with nursing or dietary staff prior to serving or storing in residents' rooms. The nursing staff will mark items with residents name and date brought into facility. Food brought in must be in a spill-proof and resealable container.

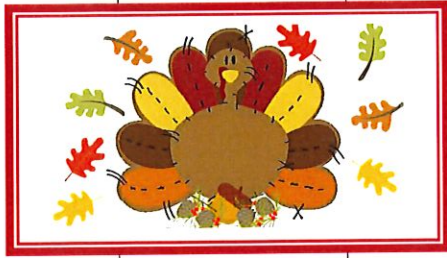
Residents with personal mini-fridges in rooms will be checked daily by housekeeping staff. Staff will check temperatures and discard any outdated items.

If you have any questions, please call or stop and talk to any Dietary staff. They will be happy to answer any questions you may have. The full policy can be requested at the business office. Thanks for your cooperation!



Pictures from the Halloween Party!

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



			1 Beauty/Barber Shop 10:15 Church Pastor Livingston 1:00 Manicures Massages 3:00 Coffee 3:30 Rosary	2 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Reading with Laura 3:00 Coffee	3 10:15 Mass 2:00 Pokeno 3:00 Coffee	4 10:00 Bible Class 2:00 Steben's Theater Presents "THE ANDREW SISTERS"
5 Church Bulletins Delivered 2:00 Coffee	6 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Take Away Poker 3:00 Coffee	7 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Swaledale Methodist 3:00 Coffee	8 Beauty/Barber Shop 10:15 Church Pastor Stevick 1:00 Manicures Massages 3:00 Coffee 3:30 Rosary 6:30 Games	9 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Adult Coloring & Coffee	10 10:15 Prayer Service 2:00 Pokeno 3:00 Coffee	11 Veteran's Day Breakfast 10:00 "A Salute To Our Veteran's" Speaker Mike Flatness HAPPY VETERAN'S DAY!
12 Church Bulletins Delivered 10:30 Church Hymns w/Baptist Ladies 2:00 Coffee	13 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Take Away Poker 3:00 Coffee	14 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Sacred Heart 3:00 Coffee	15 Beauty/Barber Shop 10:15 Church Pastor Evanson 2:00 Resident Council 3:00 Coffee 3:30 Rosary	16 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 1:30 Staff In-Service	17 10:15 Mass 2:00 Pokeno 3:00 Coffee	18 10:00 Bible Class 3:00 Coffee
19 Church Bulletins Delivered 2:00 Coffee	20 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Sing-a-Longs With Louise 2:45 Coffee	21 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Volunteers 3:00 Coffee	22 Beauty/Barber Shop 10:15 Church Pastor Carlson 1:00 Manicures Massages 3:00 Coffee 3:30 Rosary 6:30 Games	23 	24 10:15 Prayer Service 2:00 Dan's Band 3:00 Coffee	25 3:00 Coffee
26 Church Bulletins Delivered 2:00 Coffee	27 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Take Away Poker 3:00 Coffee	28 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Lutheran 3:00 Coffee	29 10:15 Church Pastor Livingston 2:00 Craft time "Ugly Sweaters" 3:00 Coffee 3:30 Rosary	30 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Decorate Christmas Tree 3:00 Coffee	SENSORY GROUP WILL BE HELD 3 TIMES PER WEEK 4:30 – 5:15 pm In Therapy Room	