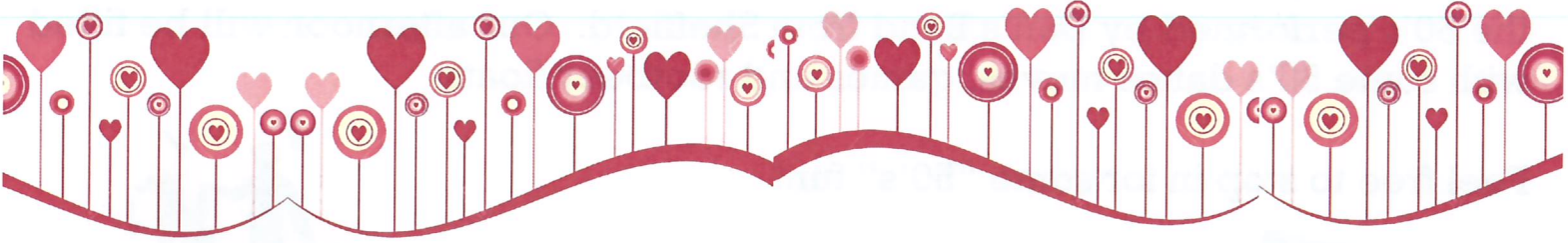


# Rockwell Nursing Home February 2017 Newsletter



Below is the Care Conference schedule for the months of February and early March. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

## February 2<sup>nd</sup>, 2017

Mary Hoffman  
Marcile Murphy  
Elda Theilen

## February 9<sup>th</sup>, 2017

John Chaddock  
Ann Rooney  
Gloria Martin  
Rosie Nelson

## February 23<sup>rd</sup>, 2017

Jeanette Nuehring  
Vieta Bruns

## March 2<sup>nd</sup>, 2017

Dick Nickerson  
Linda Reimers  
Pat Scholl

## March 9<sup>th</sup>, 2017

Harold Cone  
Lorretta Kreider  
Jim Grant

Happy  
Valentine's  
Day



Happy Groundhog Day!  
February 2<sup>nd</sup>



February 20<sup>th</sup>



## A Note from the Activity Department....

Let's get ready to ROCK-N-ROLL! On February 2<sup>nd</sup> the staff and residents will be celebrating our 2<sup>nd</sup> annual "50's Day" party, in honor of Buddy Holly. This weekend is celebrated in North Iowa every year at this time.



Our morning will start out with music from the 50's performed by Dan's Band from Sheffield. Our afternoon will be filled with some 50's dance moves, games and rootbeer floats.

Feel free to stop in for some "50's" fun!



Shana Rohlfen, Activity Director



News from the Director of Nursing



Happy February to all! We are one month closer to spring which is always a positive!

I want to let you know that I will be leaving the Rockwell Nursing Home, with my last day being February 24<sup>th</sup>. I submitted my resignation with a lot of mixed emotions.....I will definitely miss the residents and their families, and the staff. I will not miss the regulations and rules that are continually increasing in long term care.

I have been employed at the Rockwell Nursing Home for almost 24 years....and have worn a lot of hats! Certified Nurses Aide, LPN, RN, MDS nurse and lastly, Director of Nursing. It truly has been a rewarding career and I have enjoyed my time here very much.

Thank you for sharing your loved ones with me, it has been a pleasure!

Carol Ames, D.O.N.



## From the Business Office

### Did you know...



We offer outpatient therapy for those that have returned home after staying with us. These services are also available to community members as well. A doctor's order is required and please call the business office if you have any questions.



Want to stay in shape throughout the winter months? Come in and use the equipment in our therapy room to keep up your strength. We have a nu-step, treadmill and aerodyne bike! Afternoons are less busy, so stop on by and check us out!



Medicare and Medicaid Requirements of Participating Regulations are changing and will be introduced in 3 phases: 11-28-16, 11-28-17 and 11-28-19. The first phase includes updates to the Resident Right's information received upon admission. We will disseminating an abbreviated version of this policy with February billing statements. If you would like the longer version, please stop in the office where they are available.



We continue to offer Meals-On-Wheels during week days to homebound individuals in Rockwell. With all the snow and ice, stay in and let us bring you a delicious hot meal! Please call office if you are interested.

HAPPY BIRTHDAY TO YOU!!!

#### Residents

Vietta Bruns - 13  
Irene Ginapp - 17  
Mary Abell - 22  
Luverne Bell - 27



#### Staff

Bonnie Krause – 8  
Charlene Starr – 10  
Barb Jackson – 17  
Janelle Nuehring – 24  
Carrie Demory – 24

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

Laura from the Library will be here to read Mon.- Thurs.  
Times will vary and be posted on daily activity board.

			1 Beauty/Barber Shop 10:15 Church Pastor Livingston 2:00 Resident Council 3:00 Coffee 3:30 Rosary	2 50's Day 10:00 Dan's Band 2:00 Exercise Class – 50's Style 3:00 Rootbeer Floats	3 10:15 Mass 2:00 Take Away Poker 3:00 Coffee	4 10:00 Bible Class 2:00 Movie & Popcorn
5 Church Bulletins Delivered Ladies 2:00 Coffee	6 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee	7 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Lutheran Church 3:00 Coffee	8 Beauty/Barber Shop 10:15 Church Pastor Stevick 1:30 Manicures 3:00 Coffee 3:30 Rosary 6:30 Cards	9 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Reading w/Laura 3:00 Coffee	10 10:15 Prayer Service 2:00 Take Away Poker 3:00 Coffee	11 10:00 Bible Class 2:00 Adult Coloring
12 Church Bulletins Delivered 10:30 Church Hymns w/Baptist 2:00 Coffee	13 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee	14 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Sacred Heart 3:00 Coffee	15 Beauty/Barber Shop 10:15 Church Pastor Evanson 1:30 Manicures 3:30 Rosary	16 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Crafts with Laura 3:00 Coffee	17 10:15 Mass 2:00 Take Away Poker 3:00 Coffee	18 10:00 Bible Class 2:00 Movie & Popcorn
19 Church Bulletins Delivered 2:00 Coffee	20 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee	21 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Volunteers 3:00 Coffee	22 Beauty/Barber Shop 10:15 Church Pastor Carlson 1:30 Manicures 3:00 Coffee 3:30 Rosary 6:30 Cards	23 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Sit N' Stitch 3:00 Coffee	24 10:15 Prayer Service 2:00 Take Away Poker 3:00 Coffee	25 10:00 Bible Class 2:00 Adult Coloring
26 Church Bulletins Delivered 2:00 Coffee	27 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 50's Craft 3:00 Coffee	28 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Rockwell Methodist 3:00 Coffee		ALL ACTIVITIES ARE SUBJECT TO CHANGE!		SENSORY GROUP WILL BE HELD 3 DAYS A WEEK IN THERAPY ROOM.