



Rockwell Nursing Home Newsletter December 2016



We will be starting out the holiday season with our Annual Open House, held on December 3rd at 1:30 p.m. Music will be provided by the very talented Dawson Family. Be sure to come out for some holiday cheer with your loved one.

We have lots of fun and festive activities planned throughout the month, so be sure to check out our activity calendar on the back page.

I hope everyone has a blessed and happy holiday season full of lots of love and laughter!

Shana Rohlfen, Activity Director

"Yes! Yes I do! I like Christmas! I love Christmas!"

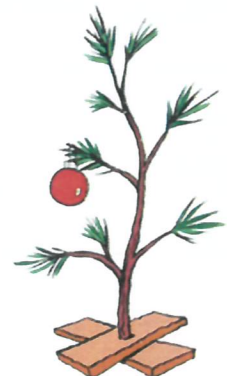
— Ebenezer Scrooge

What if Christmas, he thought, doesn't come from a store. What if Christmas, perhaps, means a little bit more."

— **Dr. Seuss, How the Grinch Stole Christmas!**



**OUR HOLIDAY OPEN HOUSE
WILL BE HELD ON
SATURDAY, DECEMBER 3RD
FROM 1:30 – 3:30 p.m.**



Below is the Care Conference schedule for the months of December and early January. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

December 1 st , 2016	December 8 th , 2016	December 15 th , 2016
Marjory Nuehring	Angie Marlowe	Pat Scholl
Jeanette Nuehring	Merlin Scholl	Vietta Bruns
Orville Muth	Dick Nickerson	Lorretta Kreider
	Linda Reimers	Jim Grant
January 5 th , 2017	January 12 th , 2017	
Mary Abell	Vickie Swenson	
Connie Quitney	Ida Rose Scholl	
Marlys Benson	Marjorie Jurgemeyer	
Esther Dorenkamp	Mildred Renner	



The Rockwell Nursing Home has a new administrator and her name is Dianne Poole! Dianne grew up in Marble Rock and now lives in Rockwell with her husband, Jeremy and Liam (4) and Olivia (2). We are excited to have her join our “5-star” team and look forward to her leadership and enthusiasm! Next time you are visiting, please stop in and introduce yourself...she looks forward to meeting you!

Once again, the Rockwell Nursing Home has earned a 5-star rating from CMS (Centers for Medicare and Medicaid Services). CMS has created the Five-Star Quality Rating System to help caregivers and families compare nursing homes more easily and help answer questions they might have during the process of selecting long-term placement or even a short-term rehab stay.

The Nursing Home Compare Web site features a quality rating system that gives each nursing home a rating of between 1 and 5 stars. Nursing homes with 5 stars are considered to have much above average quality and nursing homes with 1 star are considered to have quality much below average. There is one Overall 5-star rating for each nursing home, and a separate rating for each of the following three sources of information: health inspections, staffing and quality measures. Visit www.medicare.gov/nursinghomecompare for more details.....we are very proud to say that we are a “5-Star” Nursing Home!





We had a very special Veteran's Day here at the Nursing Home! We honored our veterans that day by staff and residents all wearing red, white and blue. They also received a corsage, pin, balloon and an American flag thanking them for their service to our country. Our guest speaker, Mike Flatness did a great job honoring these men who served so proudly. A reception with cake and ice cream was served and we can't thank them enough for their years of service and sacrifices they made for our freedom.

A Note from the Director of Nursing...

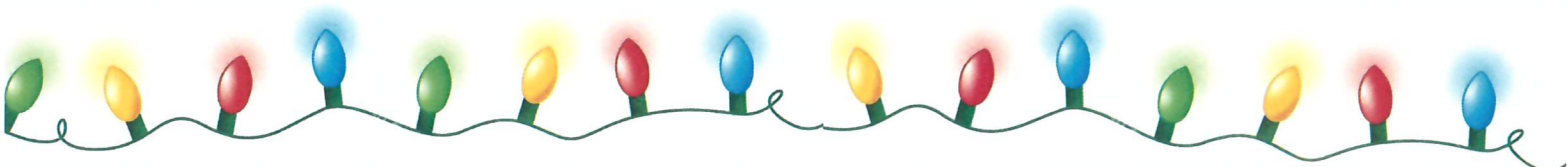
Happy Holidays! I hope everyone has a very blessed Christmas season and are look forward to the upcoming holidays and spending time with family and friends.

I want to take this time to remind everyone that the residents have wishlists posted in their room, hopefully making Christmas shopping a little easier for families. Also, any new items such as clothing or personal items, should be marked – just let us know and we are happy to do that for you.

Don't forget our upcoming Holiday Open House on Saturday, December 3rd. The Dawson Family will be performing for us again this year. We all look forward to them getting us in the holiday spirit – they are a very talented family and the residents enjoy seeing them every year!



Carol Ames



<p>SENSORY GROUP 3 DAYS A WEEK 4:30 to 5:15 p.m.</p>		<p>MANICURES AVAILABLE ON WEDNESDAYS</p> 	<p>ALL ACTIVITIES SUBJECT TO CHANGE!</p>	<p>1</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Decorate Christmas Tree 3:00 Coffee</p>	<p>2</p> <p>10:15 Mass 1:10 West Fork Carolers 2:00 Take Away Poker 3:00 Coffee</p>	<p>3</p> <p>10:00 Bible Class 1:30 XMAS OPEN HOUSE</p>
<p>4</p> <p>Church Bulletins Delivered 2:00 Coffee</p>	<p>5</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Gift Boxes 3:00 Coffee</p>	<p>6</p> <p>Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Rockwell Methodist 3:00 Coffee</p>	<p>7</p> <p>Beauty/Barber Shop 10:15 Church Pastor Livingston 2:00 Xmas Carols & Pictures 3:00 Coffee 3:30 Rosary 6:30 Xmas Lights</p>	<p>8</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Christmas Carols w/ Carolyn 3:00 Coffee</p>	<p>9</p> <p>10:15 Prayer Service 2:00 Take Away Poker 3:00 Coffee</p>	<p>10</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Adult Coloring and Coffee</p>
<p>11</p> <p>Church Bulletins Delivered 10:30 Church Hymns w/Baptist Ladies 2:00 Coffee</p>	<p>12</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Arts & Crafts w/Laura 3:00 Coffee</p>	<p>13</p> <p>Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Lutheran Church 3:00 Coffee</p>	<p>14</p> <p>Beauty/Barber Shop 10:15 Church Pastor Stevick 2:00 Taste of the Holidays 3:00 Coffee 3:30 Rosary 6:30 Chicken Soup Stories</p>	<p>15</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Christmas Carols w/Louise 3:00 Coffee</p>	<p>16</p> <p>10:15 Mass 2:00 Take Away Poker 2:35 West Fork Kids Visit 3:00 Coffee</p>	<p>17</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Adult Coloring and Coffee</p>
<p>18</p> <p>Church Bulletins Delivered 2:00 Coffee</p>	<p>19</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 11:10 CAL Carolers 2:00 Movie Time "The Santa Clause" Pop/Popcorn 3:00 Coffee</p>	<p>20</p> <p>Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Sacred Heart 3:00 Coffee</p>	<p>21</p> <p>Beauty/Barber Shop 10:15 Church Pastor Evanson 2:00 Resident Christmas Party Dan's Band 3:30 Rosary</p>	<p>22</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Make Edible Christmas Trees 3:00 Coffee</p>	<p>23</p> <p>10:15 Prayer Service 2:00 Take Away Poker 3:00 Coffee</p>	<p>24</p>  <p>CHRISTMAS EVE</p>
<p>25</p>  <p>MERRY CHRISTMAS!</p>	<p>26</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee</p>	<p>27</p> <p>Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Volunteers 3:00 Coffee</p>	<p>28</p> <p>Beauty/Barber Shop 10:15 Church Service Pastor Carlson 2:00 Movie Pop/Popcorn 3:00 Coffee 3:30 Rosary 6:30 Board Games</p>	<p>29</p> <p>10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pass The Pig 3:00 Coffee</p>	<p>30</p> <p>10:15 Prayer Service 2:00 Take Away Poker 3:00 Coffee</p>	<p>31</p> <p>2:00 New Year's Eve Social</p> 