



Rockwell Nursing Home

November 2016

Newsletter



Below is the Care Conference schedule for the months of November and early December. We invite family members to attend, so please call to schedule a time. Care Conferences begin at 9:30 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

November 3rd, 2016

Irene Ginapp
Luverne Bell
Elaine Storey
Klar Schaefer

November 8th, 2016

Mary Hoffman
Marcile Murphy
Bill Cottrell
Elda Theilen

November 17th, 2016

John Chaddock
Ann Rooney
Gloria Martin
Rosie Nelson

December 1st, 2016

Marjory Nuehring
Jeanette Nuehring
Orville Muth

December 8th, 2016

Angie Marlowe
Merlin Scholl
Dick Nickerson
Linda Reimers

Hello from the Activity Department....

Well, I have some pretty important "news" to share! One of our volunteers, Lynnea (Bosch) Smith, was chosen as Volunteer of the Month through KIMT's "Giving Your Best" award. She was nominated by the Rockwell Nursing Home staff and when we received the call saying that she was chosen, it was very hard to keep the secret!

On October 26th, KIMT along with Lynnea's family, showed up to surprise her with the award. The residents and activity department had tricked her into thinking she was here to help with a card game that afternoon. Thankfully the trick worked! She was very surprised and honored to be chosen.

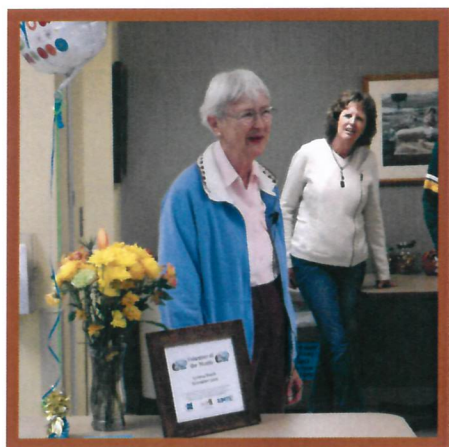
Lynnea spends a lot of her time coming out to the facility, helping with activities and visiting with all the residents. Again, CONGRATS to you Lynnea on your very much deserved award!

We will get to see Lynnea receive her award on November 3rd at the 6:00 p.m. news. It will air several times during the month as well.

Shana Rohlfen, Activity Director



"Giving Your Best!"



Congratulations Lynnea!!

From the

Staff & Residents



At times in our life we must complete difficult evaluations to determine the course of our future. I have recently completed one of those difficult evaluations and as a result, I have resigned my position as Administrator of the Rockwell Community Nursing Home. I want what is best for the facility and what is best for my family. I had hoped that I would be able to find the balance between work and home life, like I said before, I want what is best for both sides. I have thoroughly enjoyed getting the opportunity to get to know residents, family members, staff, and community friends of the Rockwell Community Nursing Home. I cannot thank the Board of Directors enough for the opportunity to serve the facility. I leave with the facility my sincerest wishes for health and prosperity of the Rockwell Community Nursing Home and all they serve. Thank you to everyone and I will continue to be in the facility until my replacement arrives.

Mary Shupe



**OUR HOLIDAY OPEN HOUSE
WILL BE HELD ON
SATURDAY, DECEMBER 3RD
FROM
1:30 – 3:30 p.m.**



The Dawson Family will entertain us with holiday favorites and coffee, cider and cookies will be served.



Veteran's Day or Armistice Day honors all military veterans who have served our country and is observed on November 11th. This is the anniversary of the signing of the Armistice that ended World War I and its major hostilities on the 11th hour of the 11th day of the 11th month of 1918. We here at the Rockwell Nursing Home salute and thank all veterans who reside here and also who are employed here.



This nation will remain the land of the free only so long
as it is the home of the brave.
~Elmer Davis~

A Note from the Director of Nursing...

It's hard to believe that November is here! November brings many things with it - flu season being one. We did administer the flu vaccine here to residents and staff. We had a great percentage - 100% for staff and 97% for residents - receive the vaccine. Remember you can receive your flu shot anytime during the cold/flu season, but it takes two weeks to build the immunity in the body.

If residents are running a temperature or showing active signs of an illness, we like to have them remain in their rooms. If staff is ill, we like them to stay home as well. While your visits are important, please refrain from visiting if you are not feeling well to keep the spread of germs out of our facility. Our primary goal is to keep the residents as healthy as possible and with everyone's help, I know we can!

Another thing that November brings is thoughts of the upcoming holiday season. Once again, we will post "wish lists" on resident's closet doors. These are helpful for families who are in need of gift ideas for the family member and the staff does a great job of jotting down items that a residents needs. If you are like me, the hardest part about Christmas is deciding what to buy!

I have been thinking about Thanksgiving and all the things I am thankful for.....I believe this holiday gets overlooked with all the advertising done for Christmas. My "thanksgiving" list has my wonderful husband and family, good health and a great job with an exceptional staff and very special residents to see every day on it!

Happy Thanksgiving!
Carol Ames

Sensory Group
will be held 3 days
a week from
4:30 – 5:15 p.m.

		1 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Volunteers 3:00 Coffee	2 Beauty/Barber Shop 10:15 Church Pastor Livingston 2:00 Resident Council 3:00 Coffee 3:30 Rosary	3 10:00 Voting 2:00 Exercise 2:15 Ball Toss 2:30 Tai Chi 3:00 Coffee	4 10:15 Mass 2:00 Music w/Heather 3:00 Coffee	5 10:00 Bible Class 1:30 Movie Pop & Popcorn
6 Church Bulletins Delivered 2:00 Coffee	7 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Take Away Poker 3:00 Coffee	8 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Rockwell Methodist 3:00 Coffee	9 Beauty/Barber Shop 10:15 Church Pastor Stevick 2:00 Art Relaxation 3:00 Coffee 3:30 Rosary	10 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Baking Class 3:00 Coffee	11 10:15 Prayer Service 2:00 Saluting Our Veterans	12 10:00 Bible Class 1:30 Movie Pop & Popcorn
13 Church Bulletins Delivered 10:30 Church Hymns w/Baptist Ladies 2:00 Coffee	14 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee	15 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Lutheran Church 3:00 Coffee	16 Beauty/Barber Shop 10:15 Church Pastor Evanson 2:00 Stories W/Laura 3:00 Coffee 3:30 Rosary 6:30 Board Games	17 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Baking Class 3:00 Coffee	18 10:15 Mass 2:00 Music w/Heather 3:00 Coffee	19 10:00 Bible Class 1:30 Movie Pop & Popcorn
20 Church Bulletins Delivered 2:00 Coffee	21 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Take Away Poker 3:00 Coffee	22 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 Music Therapy 2:00 Bingo Sacred Heart 3:00 Coffee	23 Beauty/Barber Shop 10:15 Church Pastor Carlson 1:30 Resident & Staff Popcorn Party 3:30 Rosary	24 HAPPY THANKSGIVING! 	25 10:15 Prayer Service 2:00 Arts & Crafts Pinecone 3:00 Coffee	26 10:00 Bible Class 1:30 Movie Pop & Popcorn
27 Church Bulletins Delivered 2:00 Coffee	28 10:00 Exercise 10:15 Ball Toss 10:30 Tai Chi 2:00 Pokeno 3:00 Coffee	29 Beauty/Barber Shop 10:00 Exercise 10:15 Ball Toss 10:30 News Update 2:00 Bingo Volunteers 3:00 Coffee	30 Beauty/Barber Shop 10:15 Church Service Pastor Livingston 2:00 Craft 3:00 Coffee 3:30 Rosary 6:30 Board Games			All Activities Subject To Change! Manicures available on Wednesdays