
Rockwell Nursing Home Newsletter

JUNE 2025



Hello from the Activity Department...

The month of May was a fun-filled month for us. We started the month off by celebrating Cinco de Mayo. During the month of May, the residents found one of their new favorite games to play! The game is Headbandz and we sure did get a lot of laughs in during the game! We celebrated Nurse Appreciation Week with a Nurse/Resident social where they played medical bingo and enjoyed treats from the kitchen and our MDS Nurse, Rachel. We also celebrated Nursing Home Week by inviting Island Fever to perform for us, lot of snacks and food, and judging the West Fork 5th graders coloring pages! Mother's Day was in May, the residents enjoyed delicious donuts, coffee, and all of the ladies received a pretty pink lily flower.

We made bird feeders, painted a few rocks to place in our garden to make it colorful, and played a very competitive tournament of cornhole! Although we could not get out to the garden as much as we would have liked due to weather, we found other outlets for entertainment such as pokeno, short stories, movies, and loads of puzzles. Kathie Vix demonstrated how she makes her pressed flower greeting cards, bookmarks, and so much more for the residents. Thank you, Kathie! Audrey H. was the month of May's Resident of the Month and her choice for the activity was bingo:)

Marlene R. is June's Resident of the Month!!

We want to give out a huge thank you to those who have donated to the Nursing Home in the past few months. We truly are grateful for the donations, and we know the residents are too!

Sammy and Trish, Activity Department :)





HEADBANDZ GAME



ISLAND FEVER DURING NURSING HOME WEEK



CRAFT: BIRD FEEDERS



KATHIE V.



PRESSED FLOWERS



BAKING: HOMEMADE POPTARTS



CORNHOLE

JUNE IS ALZHEIMER'S AND BRAIN AWARENESS MONTH!

There are currently more than 7 million Americans age 65 and older living with Alzheimer's. Age is the greatest factor for Alzheimer's disease, but not the only one. While we age some brain changes are inevitable, there is a growing body of research to suggest that adopting healthy lifestyle behaviors may help our brains age healthier.

Here are 5 tips to promote better brain health and help reduce the risk of cognitive decline:

- Exercise Regularly
- Maintain a Heart-Healthy Diet
- Get Proper Sleep
- Stay Socially and Mentally Active
- Keep Your Heart Healthy

These are great steps to take at any age. Research shows that incorporating these behaviors in combination will have the greatest benefit. For more information visit www.alz.org or call 24/7 helpline at 1-800-272-3900.

Infection Prevention Team

Below is the Care Conference schedule for June. We invite family members to attend, so please call to schedule a time. For your convenience and ours, we limit to 30 minutes per conference.

Thursday, June 5th

John C.

Janet W.

Margaret M.

Thursday, June 12th

Chris H.

Jo T.

Thursday, June 19th

No Care Conferences

Thursday, June 26th

Bob B.

**HAPPY
FATHER'S
DAY!**

DAD

He never looks for praises,
He's never one to boast,
He just goes on working quietly
For the ones he loves the most.

His dreams are seldom spoken,
His wants are very few,
And most of the time his worries
Go unspoken, too.

He's there, a firm foundation,
Through all our storms of life,
A sturdy hand to hold onto
In stressful times of life.

A true friend we can turn to
When times are good or bad,
One of our greatest blessings,
The man that we call Dad.

**HAPPY
BIRTHDAY**

EMPLOYEE MAY BIRTHDAYS

Cindy S. - 5th

Mercedes G. - 20th

Carol C. - 22nd

Anne Marie L. - 29th



**EMPLOYEE MAY
ANNIVERSARIES**

Reba S. - 5 years

RESIDENT MAY BIRTHDAYS

Kathleen H. - 7th

JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 St. Peter Lutheran Church Service on T.V.	2 10:00 Group Hangman 10:30 Morning Movement 2:00 Bingo Swaledale Methodist 3:00 Social	3 10:00 Resident Council 10:45 Exercise 2:00 Jeopardy	4 10:15 Bible Study with Louise 2:00 Summer Luau Party Manicures	5 9:45 Stories with Sherry 10:30 Music with Talia 2:00 Prize Pokeno 3:00 Cookies	6 10:15 Rosary 2:00 Quarter Bingo 3:00 Rootbeer Floats	7 Independent Activity "Bored Board"
8 10:15 St. Peter Lutheran Church Service on T.V.	9 10:00 Flag Day Crossword 10:30 Morning Movement 2:00 Bingo Faith United 3:00 Social	10 10:00 Current Events 10:30 Exercise 2:00 Baking 3:00 Music in Garden	11 10:15 Bible Study with Wendy 2:00 Summer Trivia 6:30 Take Away Poker Manicures/ Van Rides	12 10:30 Music with Talia 1:30 Stories with Jolynn 2:15 Badminton 3:00 Meat & Cheese Tray	13 10:15 Prayer Service with Kate 2:00 Quarter Bingo 3:00 Rice Krispys	14 Independent Activity "Bored Board"
15 Fathers Day Breakfast 10:15 St. Peter Lutheran Church Service on T.V. 	16 10:00 Fathers Day Crossword 10:30 Deck of Cards Exercise 2:00 Bingo Rockwell Lutheran 3:00 Social	17 10:00 Today in History 10:30 Exercise 2:00 Seashell Craft 3:00 Monthly Birthday Party	18 10:15 Bible Study 2:00 Resident/CNA Social 3:00 Resident of the Month Activity Manicures/ Van Rides	19 9:45 Stories with Sherry 10:30 Music with Talia 2:00 Prize Pokeno 3:00 Rootbeer Floats	20 10:15 Mass with Father Josh 2:00 Quarter Bingo 3:00 Popcorn & Lemonade	21 Independent Activity "Bored Board"
22 10:15 St. Peter Lutheran Church Service on T.V.	23 10:00 Group Hangman 10:30 Morning Movement 2:00 Bingo Sacred Heart 3:00 Social	24 10:00 Today in History 10:30 Exercise 2:00 4th of July Craft 3:00 Smoothies	25 10:15 Bible Study with Wendy 2:00 Outdoor Games 6:30 Take Away Poker Manicures	26 10:30 Music with Talia 1:30 Stories with Jolynn 2:15 Prize Pokeno 3:00 Monster Bars	27 10:15 Prayer Service with Kate 2:00 Quarter Bingo 3:00 Ice Cream	28 Independent Activity "Bored Board"
29 10:15 St. Peter Lutheran Church Service on T.V.	30  10:00 4th of July Crossword 10:30 Patriotic Exercise 2:00 Bingo RCNH 3:00 Social			ALL ACTIVITIES SUBJECT TO CHANGE		