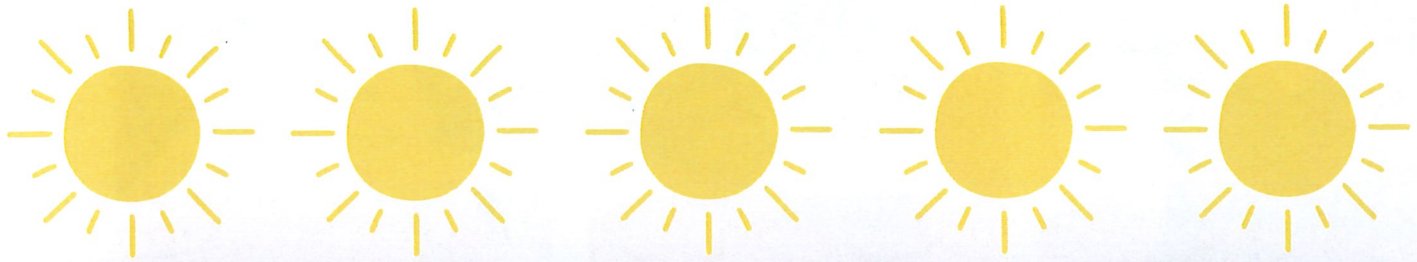


Rockwell Nursing Home Newsletter

August
2026



Hello from the Activity Department...

July was filled with fun, laughter, and celebration! We celebrated Independence Day with delicious food and games. Residents enjoyed homemade ice cream, cheese balls, little piggies, and a meat and cheese tray. We also had fun playing cornhole, ring toss, and ladder toss.

Our Resident of the Month was Audrey, and she chose to play Bingo! This month's craft was suncatchers. Be sure to look for the beautiful creations displayed in the windows.

We also put our new ice cream machine to good use—it makes slushies, too, which were a refreshing treat on the hot summer days! Residents continued their watercolor painting series by creating colorful watermelon paintings. We also welcomed Lime Creek for an educational presentation. Residents learned about different animals and even had the opportunity to feel their fur. It was a big hit, and we can't wait for them to return for another visit!

July also brought several special celebrations. Charlene, our Environmental Supervisor, retired after 24 years of dedicated service. Thank you, Charlene, for everything you've done over the years—we wish you all the best in your retirement! Amy has stepped into the Environmental Supervisor role after previously working as a CNA in our facility. If you see Amy, be sure to congratulate her and wish her well in her new position! We also celebrated Rachel's 30-year anniversary at RCNH. Thank you, Rachel, for your years of dedication and service!

August is going to be a busy month! On August 2, the facility will host a celebration for our 50th anniversary of being open. Please join us from 11:00 a.m. to 2:00 p.m. as we celebrate this exciting milestone!

During the Iowa State Fair, we'll be bringing the fair to our residents by playing carnival games. Residents will earn tickets for participating, and at the end of the week, they'll be able to redeem their tickets for prizes in our carnival store.

We'll also continue spending as much time outdoors as possible while enjoying the beautiful summer weather!

Krista and Trish, Activity Department :)



Below is the Care Conference schedule for August. We invite family members to attend, so please call to schedule a time. For your convenience and ours, we limit to 30 minutes per conference.

Thursday August 6th
Julaine T.
Christine H.

Thursday August 13th
No care conferences

Thursday August 20th
No care conferences

Thursday August 27th
Gladys B.

We'll be hosting carnival games during the Iowa State Fair! Residents will have the opportunity to earn tickets and redeem them for prizes. If you have any new or gently used items at home that you no longer need, we'd greatly appreciate your donations to use as carnival prizes. Every donation helps make the games even more exciting for our residents!

Our residents love putting together puzzles and finish them quickly! If you have any puzzles at home that you're no longer using, we'd be grateful for your donation. The residents would love to enjoy them!

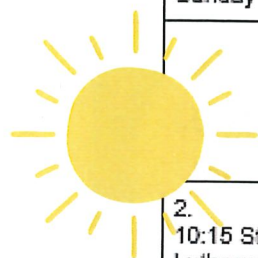
Resident Birthdays:

Dale K. 19th
Randy M. 23rd
Norma S. 31st

Employee Birthdays:

Jenny H. 1st
Emerson B. 13th
Kayla S. 19th
Jean P. 24th
Mackenzie S. 24th
Keyona H. 24th
Jessica W. 26th

August 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1. Independent activity "Bored Board"
2. 10:15 St. Lutheran Church on T.V. 11:00 50th Anniversary	3. 10:00 Crossword 10:30 Exercise 2:00 Bingo Sheffield Methodist 3:00 Social	4. 10:00 Current Events 10:30 Morning Movement 2:00 Puzzles and Popcorn	5. 10:15 Bible Study with Lousie 2:00 Painting class 6:30 Take Away Poker Manicures and one on ones	6. 9:45 Short Stories with Sherry 10:30 Music with Talia 1:00 Puppy Snuggles 2:00 Prize Pokeno 3:00 Rootbeer floats	7. 10:15 Rosary 2:00 Quarter Bingo 3:00 Fruit Tray	8. Independent activity "Bored Board"
9. 10:15 St. Lutheran Church on T.V.	10. 10:00 Coffee and Convos 10:30 Exercise 2:00 Bingo Faith United 3:00 Social	11. 10:00 Today on History 10:30 Morning Movement 2:00 Pass the Pig and Monthly Birthday Party	12. 10:15 Bible Study with Wendy 2:00 Cards 500 3:00 Happy hour Manicures and one on ones	13. 10:30 Music with Talia 1:45 Short stories with Jolynn 2:15 Icecream and Music in the Garden	14. 10:15 Prayer Service with kate 2:00 Quarter Bingo 3:00 Rootbeer floats	15. Independent activity "Bored Board"
16. 10:15 St. Lutheran Church on T.V.	17. 10:00 Jeopardy 10:30 Exercise 1:00 Fair Games 2:00 Bingo Rockwell Lutheran 3:00 Social	18. 10:00 Current Events 10:30 Morning Movement 2:00 Craft 3:00 Fair Games	19. 10:15 Bible Study with Jason 1:00 Fair games 2:00 Cards (500 and Old Maid) 6:30 Take Away Poker Manicures and one on ones	20. 9:45 Short Stories with Sherry 10:30 Music with Talia 2:00 Prize Pokeno 3:00 Fair Games	21. 10:15 Prayer Service 2:00 Quarter Bingo 3:00 Fair Games	22. Independent activity "Bored Board"
23. 10:15 St. Lutheran Church on T.V.	24. 10:00 Crossword 10:30 Exercise 2:00 Bingo Sacred Heart 3:00 Social	25. 10:00 Today in History 10:30 Morning Movement 2:00 Social	26. 10:15 Handford Bible Study 2:00 Cards (500 and Take away Poker) 3:00 Happy hour Manicures and one on ones	27. 10:30 Music with Talia 1:45 Short stories with Jolynn 2:15 Resident of the month Activity	28. 10:15 Prayer Service with Kate 2:00 Quarter Bingo 3:00 Cookies	29. Independent activity "Bored Board"
30. 10:15 St. Lutheran Church on T.V.	31. 10:00 Coffee and Convos 10:30 Exercise 2:00 Bingo 3:00 Social		All activities are subject to change			

