



Rockwell Community Nursing Home

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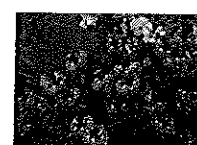
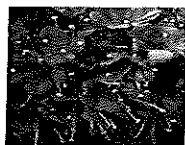
A Note from the Activity Department...

The residents sure have liked looking at all the bright flowers that were blooming over the last few weeks. We had yellow and white daffodils and just a couple of pink tulips. For some reason the tulips didn't bloom as well this year as they did last year. The crab-apple trees sure were pretty too. They never seem to last very long when we have lots of wind.

Nursing home week has come and gone. We didn't go with the theme that they gave us this year we decided to jazz it up a little bit and had a hippie theme instead. On Monday staff dressed up as hippies. Residents are invited to participate as well. We had our staff/resident potluck. We grilled hot dogs and burgers and staff brought desserts, salads, and veggies to share. Tuesday we had our volunteer lunch and bingo. Wednesday we had staff appreciation. Thursday we had hat day and Friday was color day. Everyone was invited to wear the color red. The WF 5th and 6th graders visited for the last time for the school year and had root beer floats.

We have two birthdays for the month of June. Leone Stockdale 6-01 and Irene Dhondt 6-24. Happy Birthday to each of you!!!

Alicia Petersen, Activity Director



Hello from the Dietary Department!

June – YEAH! My garden is up – YEAH! School is finally out – YEAH! We can grill without getting snowed on (I hope!) – YEAH!

I hope you all enjoyed our Groovy Nursing Home Week; I know I had a blast letting my inner "Flower Child" out for a few days...



(L-R Cleo Swenson, Julie Sheriff, Sue Adams, LuAnn Hejlik)

Wednesday afternoon of Nursing Home Week was way cool for me because my daughter Holly, who also works in the dietary department came in and played guitar and sang a few songs. Joanie got her guitar out and played along...



Joanie McLaughlin & Holly Hejlik

Onto summer which will go way too fast, I do not want to speed things up any but; I have to bring up August. We will be having our annual Family & Friends Cookout & Potluck on Saturday, August 14th. We will be grilling hamburgers and hotdogs for the noon meal that day and we invite the families of all our residents to bring a dish and come and share a great meal and great day with us. Put it on your calendars now because it is always a lot of fun! Rumor has it that the KLMJ tractor ride will be coming through Rockwell around noon that day. I believe we are on their route, so we should have a great show while we eat!
HAPPY SUMMER!

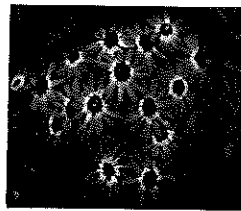
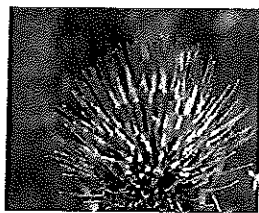
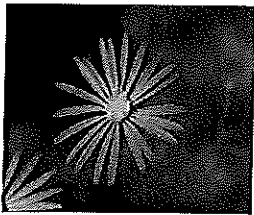
In food & fun!
LuAnn

My son, Paul, and his fiancée, Emily, recently purchased their first home, and my husband and I spent last weekend helping them paint and move. We joked about the number of televisions they had between the two of them as we kept hauling them from the moving trailer to the house – five to be exact. In conversation we learned that Emily's parents thought they had seven t.v.'s at their house. We, on the other hand, only have two and only one that is actually in use.

Here at the nursing home we are experiencing the same situation – more and more t.v.'s! Each time the cable coming into the building is hooked up to another t.v. the signal is weakened, and as a result, the reception becomes snowy on some t.v.'s at some times. We are in the progress of attempting to "boost" the signal by applying two amplifiers to the main box which should strengthen the incoming signal by seven times. Hopefully, by the time you read this article installation will have been completed and the Twins baseball games and The Price is Right will be coming in clear as a bell!

We have been hesitant to make too many modifications to the cable system for the following reason. Back in 1981 when the first cable franchise came to Rockwell it was written into the city agreement that service would be provided to the nursing home and the school at no charge. Each time the franchise has been sold over the years the new cable company questions the validity of this agreement but, to date, has always honored it. Because of that, for the past 29 years we have been able to offer our residents a full range of cable channels at no cost. The time may have come, however, to consider a change as we look at the probability of not only t.v.'s but computers and wireless internet in every room! We will certainly inform you in advance of fees that may apply to future service.

Sue Adams, Administrator



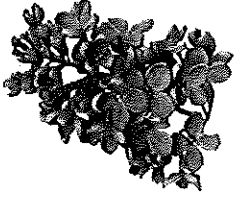

Boy, summer is sure approaching quickly, isn't it? My husband and I have been spending most evenings at baseball games. We really enjoy watching our three grandchildren play either baseball or T-ball. They live here in Rockwell and their ages are 11, 7 and 5. The games will continue on into June, so that will also make the summer fly by!

I'm sure the summer will fly by here at the nursing home as well. The federal government has set October 1, 2010 as implementation date for the new computerized instrument we must use to assess each of our residents on admission and quarterly thereafter. Staff members from nursing, dietary, activities and social services will spend time this summer getting training on how to correctly complete this new assessment. The thing I like about the new MDS (name of the assessment) is that it is based on resident interviews and resident choices. And isn't that what it's really all about?

Enjoy your summer!

Carol Ames, D.O.N.

JUNE 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL ACTIVITIES SUBJECT TO CHANGE!		1 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Lutheran Church 3:30 Coffee	2 9:15 Care Conference Beauty/Barber Shop 10:15 Church Service Pastor Ken Livingston 1:00 Manicures 1:30 Van Rides 4:00 Social Hour	3 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	4 10:15 Mass Father Dubert 1:30 Voting Primary Election 2:30 Take Away Poker 3:15 Coffee	5 10:00 Exercises 10:15 Ball Toss 10:30 Trivia 1:30 Make Snicker Salad 3:00 Board Games 4:00 Lemonade In the Garden
6 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:00 Movie 3:00 Cards	7 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Pokeno 3:30 Coffee	8 Beauty/Barber Shop 10:15 Mass Father Dubert 2:30 Bingo Dougherty Church 3:30 Coffee	9 10:15 Church Service Pastor Scherb 1:00 Manicures 4:00 Social Hour	10 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Piano Music w/Sandy Hitzhusen 3:30 Coffee	11 10:00 Exercises 10:15 Ball Toss 10:30 Trivia 2:30 Take Away Poker 3:15 Coffee	12 10:00 Exercises 10:15 Ball Toss 10:30 Chicken Soup 1:30 Make Triple Berry Cake 3:00 Board Games
13 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:00 Movie 3:00 Cards	14 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Pokeno 3:30 Coffee  FLAG DAY	15 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Sacred Heart Church 3:30 Coffee	16 9:15 Care Conference 10:15 Church Service Pastor Dahlen 1:30 Staff In-Service 4:00 Social Hour 7:00 Yahtzee	17 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Take Away Poker 3:15 Coffee	18 10:15 Mass Father Dubert 2:30 Pokeno & June Birthday Party 3:30 Coffee	19 10:00 Swaledale Garden Club 1:30 Make Pinecone Birdfeeders 3:00 Board Games 4:00 Lemonade In the Garden
20 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:00 Movie 3:00 Cards <i>Happy Father's Day!</i>	21 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Pokeno 3:30 Coffee	22 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Swaledale Methodist Church 3:30 Coffee	23 10:15 Church Service Pastor Sokol 1:00 Manicures 1:30 Van Rides 4:00 Social Hour	24 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Take Away Poker 3:15 Coffee	25 10:00 Exercises 10:15 Ball Toss 10:30 Chicken Soup 2:30 Pokeno 3:30 Ice Cream Sundaes	26 10:00 Exercises 10:15 Ball Toss 10:30 Word Games 1:30 Make Strawberry Shortcake 3:00 Board Games
27 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:00 Movie 3:00 Cards	28 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Pokeno 3:30 Coffee	29 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Rockwell Methodist Church 3:30 Coffee	30 9:15 Care Conference 10:15 Church Service Pastor Scherb 1:00 Manicures 1:30 Van Rides 4:00 Social Hour 7:00 Yahtzee	