

# Rockwell Nursing Home

## December 2011 Newsletter

*Happy Holidays from the Dietary Staff!*

*'Tis the Season.....Food, Fun, & Family*

*I hope everyone had a wonderful Thanksgiving and now we are looking forward to Christmas! There is so much fun around here during the holidays, I hope everyone gets a chance to stop in and visit, check out our decked halls and beautiful trees.*

*December 17<sup>th</sup> is our annual Christmas Open House from 2:00 to 4:00 p.m. Please stop by for a Christmas cookie and a cup of warm cider. If you would like to have Christmas dinner with a loved one here, just give us a call and we will add you to our list. Christmas company is always extra special!*

*In Food, Fun, Family and Warm Holiday Wishes,  
LucAnn Hejlik, Dietary Manager*



Well, I guess this is the last time you will hear from me. I know you didn't hear much, but I'm retiring! Going on 22 years is a long time to clean!

When I started, I worked under Irene Ginapp and when she retired, I took over as Department head. It's a hard job working around residents, staff and visitors, but you do what you can, when you can. I have worked with lots of good people and good workers. And over the years my department has also had lots of nice compliments on how clean the nursing home is and we really like to hear that because you know our job is being done. Thanks to all!

I will really miss it, especially the residents, but on November 23<sup>rd</sup>, 2011, RETIREMENT HERE I COME!

Happy Holidays to all!  
Cleo Swenson



**Rockwell Nursing Home ~ Holiday Open House**

**Saturday, December 17th 2:00 - 4:00 p.m.**

**The Dawson Family will perform Holiday favorites at 3:00 p.m.**

**Come join us for cookies, cider, coffee and holiday cheer!**



**Congratulations Cleo!**

We hope you enjoy your retirement! Stop back in and see us often.  
From Staff & Residents here at the Nursing Home

I have had my Christmas tree and decorations up for a couple of weeks now. I have never abided by the rule of waiting until after Thanksgiving and probably never will. I believe being thankful is a state of mind, and I can give thanks whether my house is decorated in pumpkins or evergreen. As you decorate your rooms for Christmas, please refer to last month's newsletter for safety regulations.

We make every effort to make this "home" for our residents, and part of being at home is being able to keep personal possessions. To make sure your possessions are safe, each resident has a nightstand with a locking top drawer. Keys are available, and most of you already have one. I cannot stress enough the importance of keeping your valuables locked up. While I would like to think that no one would ever take anything from a resident's room, I do realize that during the course of a day there are numerous people, including people from the outside, who come through the building.

There is really no need for residents to keep cash in the facility. Any expense incurred here can be added to your account and billed to you monthly. If you do need access to cash, you can set up a personal spending account in the office where your money will be kept safe yet available when needed. The charge nurse has access to cash if you would need it when the business office is not open. By removing temptation, we can alleviate any problem before it arises.

Plan to attend the Christmas Open House on December 17. The Dawson family will be back with more holiday music!

Sue Adams, Administrator



Below is the care conference schedule for the months of December and early January.

We invite family members to attend, so please call to set up a time. Care conferences begin at 9:15 a.m. and for your convenience and ours, we limit the time to 30 minutes per conference.

<u>December 1<sup>st</sup>, 2011</u>	<u>December 8<sup>th</sup>, 2011</u>	<u>December 15<sup>th</sup>, 2011</u>
Ruth Grulke	Buford Floy	Viola Root
Carrie Wickwire	Victor Parks	Rich Ermer
Ruth Oetken	Joe Campbell	Marcele Ermer
Clarence Oetken		Dorothy Thompson
<u>December 29<sup>th</sup>, 2011</u>	<u>January 5<sup>th</sup>, 2011</u>	<u>January 11<sup>th</sup>, 2011</u>
Ednabelle Smith	Harlan Jackel	Gerry Knoop
Beulah Blum	Ginny Fredrickson	Vietta Bruns
Bertha Flatness	George Steenhard	Angie Marlowe
Irene Birkholz	Geraldine Polsdofer	Mary Marg. Gallagher





Ho Ho Ho.....Christmas time is coming! It is December and we have to think about shopping, decorating and Christmas baking. We will again be placing Christmas Wish Lists on all residents' closet doors so that Santa's elves can jot down ideas for your loved one.

Actually, Santa's elves (a.k.a. CNA's) know what each resident is in need of because of their daily contact with them. The elves also wanted to let you know that comfort is important also, so think roomy, soft and warm when making those holiday purchases. Reminder all new items need to be marked and we are always happy to do that for you!

Don't forget about our Holiday Open House on December 17<sup>th</sup> from 2:00 to 4:00 p.m. It is always good to see everyone at holiday time and the residents enjoy the festive music and extra company!

I wish everyone a happy and blessed holiday season!

Carol Ames, D.O.N.



### A Note from the Activity Department ...

*I hope everyone had a nice, safe, and fun Thanksgiving. I've noticed as my family grows it gets harder for all of us to get together for the holidays. Everyone's houses are too small to accommodate all of us and everyone is busy attending other holiday festivities. We make the best of it though and carry on regardless of how many people came or not.*

*We have some fun and exciting things planned for the month. On December 10<sup>th</sup> at 10:30 a.m. Denny's School of Dance will be here to perform. At 1:30 that same day Sue Daugherty will be here with her students to perform for us. The residents enjoy these performances every year and look forward to seeing all the kids show off their talent. December 16<sup>th</sup> will be the resident Christmas party at 2:30. The school kids will be here to visit with the residents and usually brings cards that they've made in school. December 17<sup>th</sup> will be our Christmas Open House at the nursing home from 2-4. Musical entertainment will be at 3 p.m. If the weather cooperates and we don't have extremely cold temperatures we'll be out for a ride to look at the Christmas lights. I already had a few of them asking me in October if we were going to look at the lights again this year! I replied with "yes if the weather cooperates."*

*Throughout the month we'll be showing some classic favorite movies of all time such as "A Christmas Carol", "Miracle on 34<sup>th</sup> Street", and "The Grinch that Stole Christmas". I've seen these movies hundreds of times but they are still a favorite of mine during the Christmas season. If you haven't seen them, please do-I don't think you'll be disappointed!*

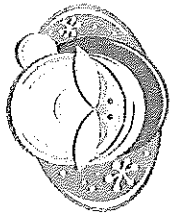
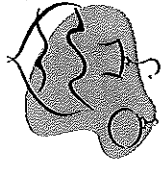
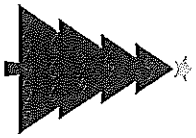
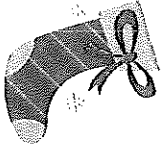

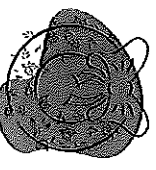
*We have 5 birthdays for the month of December. Mary Hoffman 12-02, William Jorgensen 12-02, Joe Campbell 12-16m, Geraldine Polsdofer 12-16, and Dorothy Thompson 12-17. Happy Birthday to each of you!*

Merry Christmas and Happy New Year!  
Alicia Petersen, Activity Director

All activities subject to change!

# December 2011

All activities subject to change!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:30 Movie 2:30 Cards	 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	 6 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Sacred Heart 3:30 Coffee	 10:15 Church Service Pastor Livingston 1:00 Manicures 1:30 Cards 4:00 Social Hour	1 9:15 Care Conf. 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Take Away Poker 3:30 Coffee	2 10:15 Mass Father Allers 2:00 Pokeno 2:45 West Fork 5 <sup>th</sup> /6 <sup>th</sup> Grade Visit 3:15 Coffee	3 10:00 Exercises 10:15 Ball Toss 10:30 Chicken Soup 1:30 Kings in the Corner
4 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:30 Movie 2:30 Cards	5 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	6 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Sacred Heart 3:30 Coffee	7 10:15 Church Service Pastor Livingston 1:00 Manicures 1:30 Cards 4:00 Social Hour	8 9:15 Care Conf. 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Take Away Poker 3:30 Coffee	9 10:15 Mass Father Allers 2:30 Pokeno & Dec. Birthday Party 3:30 Coffee	10 10:30 Denny's School Of Dance 1:30 Sue Daugherty Students 2:45 Board Games
11 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:30 Movie 2:30 Cards	12 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	13 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Rockwell Methodist 3:30 Coffee	14 10:15 Church Service Pastor Scherb 1:30 Staff Xmas Party 3:00 Cards 4:00 Social Hour 7:00 Yahrtzee	15 9:15 Care Conf. 9:30 Salvation Army 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Piano Music w/Sandy Hitzhusen 3:30 Coffee	16 10:15 Mass Father Allers 2:30 Resident Xmas Party 2:45 West Fork 5 <sup>th</sup> /6 <sup>th</sup> Grade Visit	17 10:00 Exercises 10:15 Ball Toss 10:30 Chicken Soup 2:00 - 4:00 Holiday Open House 3:00 Holiday Music by the Dawson Family
18 Church Bulletins Delivered 10:00 Lutheran Church Broadcast 1:30 Cards	19 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	20 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update 2:30 Bingo Lutheran Church 3:30 Coffee	21 10:15 Church Service Pastor Evanson 1:00 Manicures 1:30 Cards 4:00 Social Hour 7:00 Yahrtzee	22 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Take Away Poker 3:30 Coffee	23 10:15 Mass Father Allers 2:30 Merry Christmas JINGO 3:30 Cocoa, Coffee & Cookies	24 <i>Have a Blessed            Christmas Eve!</i> 
25 MERRY CHRISTMAS! 	26 10:00 Exercises 10:15 Ball Toss 10:30 Bible Study 2:30 Pokeno 3:30 Coffee	27 Beauty/Barber Shop 10:00 Exercises 10:15 Ball Toss 10:30 News Update St. Pat's Dougherty 3:30 Coffee	28 10:15 Church Service Pastor Sokol 1:00 Manicures 1:30 Cards 4:00 Social Hour	29 9:15 Care Conf. 10:00 Exercises 10:15 Ball Toss 10:30 Bowling 2:30 Take Away Poker 3:30 Coffee	30 10:15 Mass Father Allers 2:30 Yahrtzee 3:30 New Year's Eve Party	31 HAPPY NEW YEAR!! 